Arimary School

Newsletter 16

Friday 10th January 2025

01926 640326admin2064@welearn365.com





Nursery and Reception

In Reception and Nursery class we have started our exciting new topic called 'Starry Night'. Families were invited back into school after dark to have the opportunity to explore the school grounds and building with torches to see what their familiar environment looks like in the dark. We talked about our bedtime routines shared bedtime stories with hot chocolate and a biscuit.











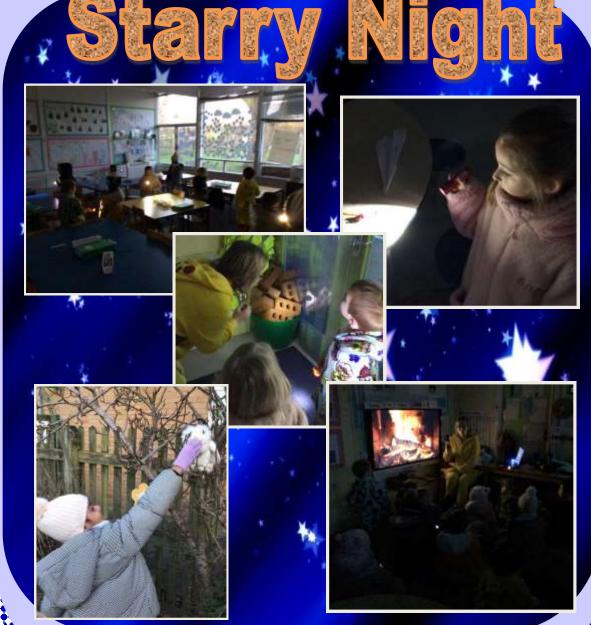














UN Convention on the Rights of the Child Article 29: Goals of education







Well done, Poppy!

You may have noticed Poppy in Year 4 sporting a stylish new hair style for January.

We are incredibly proud of Poppy for making the generous decision to donate her hair to
The Little Princess Trust, an organisation that provides real hair wigs to children and young people who have lost their own hair due to cancer treatment or conditions like Alopecia.



This charity is not only a beacon of hope for these children but also a major contributor to childhood cancer research in the UK.

The Little Princess Trust relies on the kindness of its supporters to provide 'Hair and Hope' to so many children each year.

Alongside her hair donation, Poppy's family aim to raise funds for this cause. Even a small amount will go a long way in creating these amazing wigs for children in need.

To donate to Poppy's Just Giving page, please follow the

link below or access through the QR code.

https://www.justgiving.com/page/emma-precious-1736252192371 utm_medium=FR&utm_source=CL.





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Article 29: Goals of education

Lighthorne Heath Primary School Newsletter

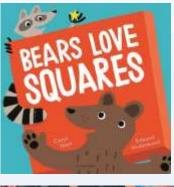


Maths—Shapes

In Years 1 and 2, we launched our new Maths topic this week which is based around 2D and 3D shapes. The children listened to the story 'Bears love squares' before sharing their existing knowledge of shape names and properties.

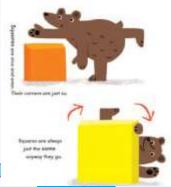
To support their learning and to build on vocabulary they will meet during our future Power Maths sessions, the children took part in a range of practical shape activities which enabled them to explore, ask questions and to imbed new vocabulary whilst having fun!

They made 3D shapes using magnetic tiles and construction kits, used 2D shapes to match labels and create pictures, sorted household objects into shape categories and played a 3D shape guessing game.



















Years 3 and 4

English

Drama: Building Confidence and Collaboration

This week, Years 3 and 4 explored drama techniques to boost confidence, teamwork, and creativity. Through activities like 'Walk the Space' and 'Circle Improv,' the children warmed up for an engaging session focused on movement, dialogue, and storytelling.

In small groups, they rehearsed and performed mini-scenes based on prompts like The Haunted House and The Lost Jungle. These exercises helped them:

- Develop characters and explore emotions through dialogue.
- Use movement to convey meaning.
- Collaborate to create imaginative scenes.

This lesson supported National Curriculum goals by enhancing spoken language, teamwork, and performance skills.

By the end of the lesson, the children confidently showcased their creative mini-scenes, demonstrating growth and enthusiasm.









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Vith Her Head! 101

The children in 5/6 started their new topic 'Off With Her Head!' this week:



What sort of man would order the beheading of his wife? Was she really that bad? Travel back in time to the 1500s and meet the terrifying Tudors, a domineering dynasty that changed our history. Discover an opulent court where dancing and singing goes hand in hand with swift falls from favour, and even swifter falling of heads. Develop your painting skills in miniature, solve riddles and remember to protect your precious neck with a large white ruff, if you want to survive at Tudor court. Flex your detective muscles and become a criminal investigator. Will you find out the facts or will the evidence from the past bemuse you? How will you find the accused, innocent or guilty? It's your turn to take part in one of the most famous trials that the world has ever known.

Our topic began with a video from Queen Elizabeth I, on her death-bed, asking for our help to find out what really happened between her mother and father—Henry VIII and Anne Boleyn. Through the topic we will be finding out more about Henry VIII, his wives and in particular the fist wife to be beheaded—Anne Boleyn.

We spend time in Art, looking at portraits by Hans Holbein. We looked for similarities between the paintings, and any interesting elements that told us more about the people within each picture. We noticed that all the people in the portraits looked wealthy. We were able to infer that this was because to have a portrait painted it would have been expensive, and also that you would have worn your best clothes and jewellery in order to make yourself look more rich. We discussed the similarities between this and how in modern days people will use a filter on their pictures, or curate their outfit



We inferred that his man was a knight because of his armour. He isn't smiling—as with most of Holbein's paintings—which makes him look serious and brave. The opulent material behind him suggests he is wealthy



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Attendance and Punctuality



Unfortunately, we still have a number of pupils who are persistently absent from school (below 90% attendance).

We appreciate that it can be difficult deciding whether or not to keep your child off school when they're unwell.



There are government guidelines for schools and nurseries about health protection and managing specific infectious diseases at GOV.UK. These say when children should be kept off school and when they shouldn't.

If you do keep your child at home, it's important to phone the school on each day of absence and give the reason.







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Emotional Wellbeing and Mental Health



lappier January 2025

Schan Nowelofte

MONDAY TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



Find three things to look forward to this year Make time today to do something kind for yourself Do a kind act for someone else to help brighten their day

Write a list of things you feel grateful for and why Look for the good in others and notice their strengths

Take five minutes to sit still and just breathe

Learn something new and share it with others Say positive things to the people you meet taday Get moving.
Do something active (ideally outdoors)

Thank someone you're grateful to and tell them why Switch off all your tech at least an hour before bedtime Connect with someone near you - share a smile or chat

Take a different route today and see what you notice

Eat healthy food which really nourishes you today Get outside and notice five things that are beautiful Contribute positively to your local community Be gentle with yourself when you make mistakes Get back in contact with an old friend Focus on what's good. even if today feels tough

Go to bed in good time and allow yourself to recharge

Try out something new to get out of your comfort zone Plan something fun and invite others to join you Put away digital devices and focus on being in the moment

Take a small step towards an important goal Decide to lift people up rather than put them down Choose one of your strengths and find a way to use it today



Challenge your negative thoughts and look for the upside Ask other people about things they've enjoyed recently

Say hello to a neighbour and get to know them better See how many people you can smile at today

Write down your hopes or plans for the future





ACTION FOR HAPPINESS

ighthorne Heat

Happier · Kinder · Together

10

10

Thank someone you're grateful to and tell them why Switch off all your tech at least an hour before bedtime

Connect with someone near you - share a smile or chat



Action for Happiness is a movement that promotes well-being through practical actions, fostering a happier and more compassionate society.

Their Happiness Calendar offers daily activities designed to boost mental health, encourage kindness, and build resilience. Each month's calendar focuses on a theme, like gratitude or mindfulness, with small, actionable steps to inspire positivity. It's a simple yet effective tool to help individuals and communities thrive by cultivating habits that enhance emotional well-being and social connection.



Diary

Dates



Spring Term		
January		
Thursday 9th January	EYFS Starry Night experience. 4pm	
Thursday 9th January	Parent and Carer Club. 2.30pm. See Mrs Hart-	
	ley for more information	
Tuesday 14th January	Story Sack Workshop (parent to attend with	
	children). Free to attend, book with the school	
	office.	
Friday 31st January	MUFTI Day	
February		
Week beginning Monday 3rd February	Children's Mental Health Week	
Thursday 6th February	Parents and Carer's club— 2.30 at school. Join us	
	for a hot drink and biscuit and get to know other	
	parents.	

Welcome back to all of our children and families. We were delighted to return to school this week and to see so many happy and smiling faces.

We're thrilled to share some wonderful news with you!

As you may know, our school is undergoing an exciting period of growth to better serve the needs of our local community. This expansion presents fantastic opportunities for us to support even more children and families.

Just before the Christmas break, we reached a significant milestone by welcoming our 100th pupil to Lighthorne Heath Primary School!

This achievement marks an important chapter in our journey, and we're eager to welcome even more children in the weeks and months ahead.

With best wishes from Mrs Westwood, Mrs Manley and all the staff at Lighthorne Heath Primary School.





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Co-operate

Persevere

Lighthorne Heath Learning Heroes

EYFS

Our Reception and Nursery hero this week is Skylar. We love having Skylar in our classroom as she is so kind. Skylar enjoys being creative and often has art to take home. She has been working on communicating her needs to the adults in the environment. Well done Skylar!



leai

Years 1 and 2

Our hero this week is Eevee for her hard work and great attitude to starting the new term. Eevee has displayed great determination to complete her work independently and amazed us as she begins to use her phonics to record her ideas when writing. Great effort Eevee, keep trying hard! We are really proud of you!



Have a go



Years 3 and 4

an auxing to adults this week. Well done

on improviagestrela da semana do Sr. Sangha é o Arthur, por suas brilhantes habilidades de comunicação ao falar com adultos nesta semana Bem feito Arthur!



Be curious!

Years 5 and 6

My hero this week is Sadiye. She has concentrated hard and shown determination with her handwriting this week, even completing some extra practice at home. Keep up the good work, you are almost there Sadiye!

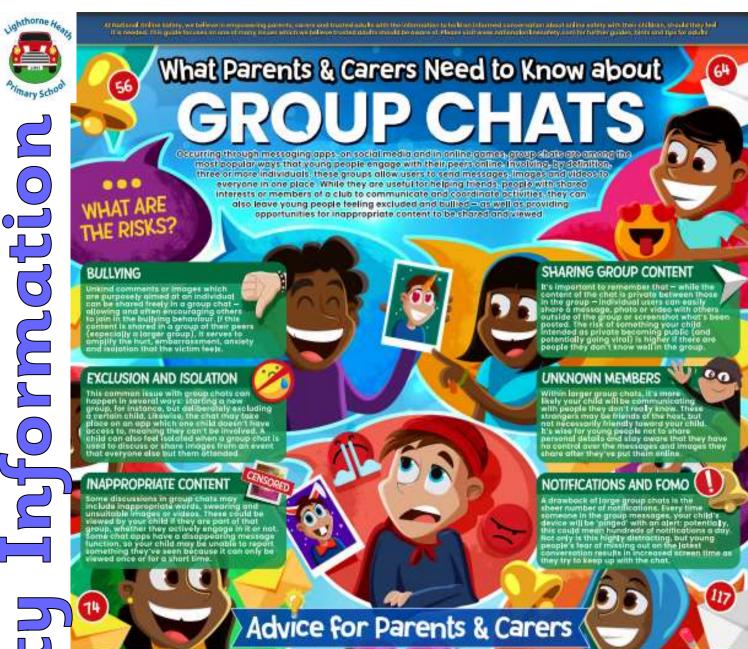


Enjoy learning

Use your imagination

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BLOCK, REPORT AND LEAVE

GIVE SUPPORT, NOT JUDGEMENT

Meet Our Expert



#WakeUpWednesday

anatonlinesatety

f /NationalOnlineSafety

(C) @nationalonlinesalety

www.nationalonlinesafety.com



Some useful information for parents and carers, including online webinars can be accessed the The National College (formerly National Online Safety). At school, we teach the children about safe online behaviours but it is important that these messages are reinforced at home at that parents and carers are aware of hoe to support their children if issues arise.





experiences"



Contact Diane on 07961 830527 lynnebarton@enturstcarepartnership.org.uk



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educaterers



Warwickshire, Coventry: 16/9, 7/10, 18/11, 9/12, 13/1/25, 3/2, 3/3, 24/3 Oxfordshire: 16/9, 7/10, 18/11, 9/12, 13/1/25, 3/2, 3/3, 24/3

Choose a main meal...

Pork Meatballs in Tomato Sauce with Noodles (G.E)

Vegetarian Only (vg) Plantballs in a Tomato Gravy

Jacket Potato - (v) Choese (D), Tuna (F.E) or (v) Baked Beans

Choose a main meal...

(v)Cheese & Tomato Pizza Wedge with Potato Wedges (G.D)

Vegetarian Only (v) Jacket Potato with Cheese (D)

Jacket Potato - (v) Cheese (D). Tuna (F.E) or (v) Baked Beans

Choose a main meal... WEDNESDAY ROAST British Roast Beef, with Traditional

Yorkshire Pudding and Gravy (D.E.G) Vegetarian Only

(vg) Quom Roast in Gravy with (v) Yorkshire Pudding (D.E.G) Crispy Roast Potatoes

Jacket Potato - (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

Choose a main meal...

Chipped Potatoes

Vegetarian Only

Potatoes (G)

(v)(h) Mac 'n cheese with Freshly Baked Crusty Bread

Jacket Potato - (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

Choose a main meal... FISHY FRIDAY (msc) Battered Fish Fillet (G.F) with

(vg) Vegetarian Hotdog with Chipped

Jacket Potato - (v) Cheese (D),

Tuna (F.E) or (v) Baked Beans

On the side ...

Fresh Salad Bar Peas or Baked Beans For dessert...

(vg) Jelly with Fruit or Fresh Fruit

MONDAY

On the side... Fresh Salad Bar Vegetables of the Day

For dessert...

(v) Cheese Crackers and Apple Wedge (G.D) or Fresh Fruit

For dessert...

(v) (h) Chocolate Cracknel (G)

On the side... Fresh Salad Bar Vegetables of the Day

For dessert...

(v)(h) Syrup Sponge with Custard (D.G.E.) or Fresh Fruit

THURSDAY

On the side ...

Fresh Salad Bar Vegetables of the Day

For dessert...

(v)Toffee Apple Donut (G.D.E.SB) or Fresh Fruit

TUESDAY

Fresh Salad Bar Vegetables of the Day

or Fresh Fruit



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Educaterers' New

Menu

Next week we will be on Week 1 of the current Educaterers menu.

Free School Meals

If you think that you may be eligible for free school meals applications can be made online at https:// www.warwickshire.gov.uk/ education-learning/applyfree-school-meals

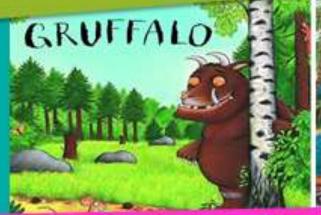


Mrs. Manley and Mrs Hendriksen are happy to help with FSM applications, please ask if you require assistance.



Warwickshire ACL and Family Learning

Story Sach





Starting Tues 14th Jan - Tues 4th Feb For 4 weeks 1.30-3pm At Lighthorne Heath Primary School

A FREE 4 week course for families and their children in YR1 and 2

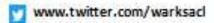
All resources provided for FREE

- Come along and help your child develop a love of reading
- Get a FREE book and bag, and make simple puppets, props and games

To book your place please contact the school office.



www.facebook.com/warksacl



www.instagram.cm/warksacl















Understanding Sensory Needs in School Aged Children

Thursday 5th December 2024, 9:30 am to 11:30 am

RIS

Understanding Low Mood in Children and Young People

Thursday 9th January 2025, 9:30 am to 11:30 am

Understanding Self-esteem in Children and Young People

Thursday 10th April 2025, 9:30 am to 11:30 am

Places on our sessions are subject to availability. To book your place please email risecommunityoffer@covwarkpt.nhs.uk

Recovery & Wellbeing

Winter 2024

Courses available: Online

Online registration:

Visit: https://www.recoveryandwellbeing.co.uk/

Email Recovery.Academy@covwarkpt.nhs.uk

Call: 0300 303 2626

Courses available online - via Zoom

Coping with Caring (by Carers Trust Heart of England) - 1 session - Thursday 28th November, 1pm to 3pm

Finding Purpose & Directions (by Coventry & Warwickshire Mind) - 1 session - Monday 2nd December, 12pm to 1:30pm

Understanding Self-Harm (by Coventry & Warwickshire Partnership NHS Trust) - 1 session - Monday 2nd December, 12:30pm to 2:30pm

Sleep (by Coventry & Warwickshire Partnership NHS Trust) - 1 session - Monday 2nd December, 6pm to 8pm (evening session)

Coping with Intrusive Thoughts (NEW) (by Coventry & Warwickshire Mind) - 1 session - Thursday 5th December, 10:30am to 12pm

Thrive into Work (by Shaw Trust) - 1 session - Thursday 5th December, 10am to 12pm

Worry Management (by Coventry & Warwickshire Mind) - 1 session - Monday 9th December, 11:30am to

Routines - How they are formed and why they are important (by Coventry & Warwickshire Partnership NHS Trust) - 1 session - Monday 9th December, 12:30pm to 2:30pm

Wellbeing in Pregnancy (by Coventry & Warwickshire Partnership NHS Trust) - 1 session - Wednesday 11th December, 9:30am to 10:30am

Self-compassion (by Coventry & Warwickshire Partnership NHS Trust) - 1 session - Wednesday 11th December, 10am to 12pm

Wellbeing after Birth (by Coventry & Warwickshire Partnership NHS Trust) - 1 session - Wednesday 11th December, 11am to 12pm

Introduction to Anxiety (by Coventry & Warwickshire Mind) - 1 session - Wednesday 11th December,



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Can you help?

Our Play Leader Junior Leadership Team is currently working on initiatives to improve the quality of playtimes by investing in new playground furniture and play equipment.



We have been working with Anna Buckler (Children's Wellbeing Practitioner, CW RISE) to identify what is working well with our play and lunch time provision and what we can do to improve things further.

One of the key items we believe would significantly enhance the experience for our children is child-sized round picnic benches, which would encourage social interaction and collaborative games.

Some of the items we are considering are quite

costly. We are reaching out to our parent community to inquire if anyone has connections with local businesses or organisations that might be able to assist with funding or sponsorship for this project.

Your support would be invaluable in helping us create a more engaging and enjoyable environment for our children. If you are able to help or know of any potential funding opportunities, please don't hesitate to contact us, please speak directly to Mrs. Manley or Mrs. Hartley.

Thank you for your continued support.







UN Convention on the Rights of the Child

Article 12: Respect for the views of the child

Article 29: Goals of education



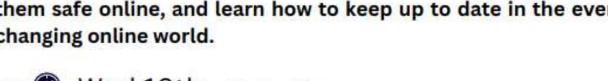




FREE ONLINE SAFETY WORKSHOP

FOR PARENTS OF SCHOOL AGED CHILDREN

Get practical hints and tips to support your children and keep them safe online, and learn how to keep up to date in the ever changing online world.





Speaker KAT HOWARD

Head of Education & Wellbeing (UK) Smoothwall



Kat has been working in and with schools for over 20 years to dev understanding of online safety. She is passionate about the importance of safety in schools and the wider community.

For more information on online safety, visit https://warwickshire.onlinesafetyhub



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Project title: 84100, Banbury Road Project reference: 6158139 Date: 18 December 2024

WONDERFUL ON TAP



Severn Trent PO Box 407 Darlington DL1 9WD

Dear Customer

We're carrying out work on our water main that may affect you...

- · We're installing a new water main connection for a development in your area
- We plan to start from 6 January 2025, and take approximately three weeks to complete
- We'll be working under two and three-way traffic lights.

Why we're doing this work

We plan to install a new water main connection for a development off B4100, Banbury Road, Lighthorne Heath by connecting onto our existing water main located outside the site.

Important things to know

The new water main connection will be laid in the carriageway from the junction of The Avenue and into the entrance of the development site. To allow us to carry out this work quickly and safely, initially have three-way traffic lights in place at the junction with The Avenue. As the work proceeds away from the junction of The Avenue, the traffic lights will then change to two-way, this is to ensure your safety and the safety of our workforce. We will always keep access to properties within our working area. You may wish to allow for extra time for your journey and we apologise for any inconvenience this may cause. The plan and table overleaf show the approximate location, timescale and traffic management.

We plan to start work from 6 January 2025 and take approximately three weeks to complete.

Interruption to water supply

We do not plan on interrupting your water supply during our work if this changes we will notify you in advance.

Please bear with us...

Please rest assured that we, and our contract partner **Avove**, will be doing everything we can to minimise the disruption and get the work finished as quickly as we can.

Keeping you informed every step of the way

If you have any queries about the work, you can contact us on the numbers below:



07885 475321 – Simon Williams, Avove Customer Liaison Officer 0333 7722 282 – Avove 24hr Customer Service Centre

If your call is about your water supply or sewerage service, you can call our Customer Operations Service Centre on 0800 783 4444. Please quote the project reference on the top of this letter.

Registered in England and Wates Registration No. 2366686





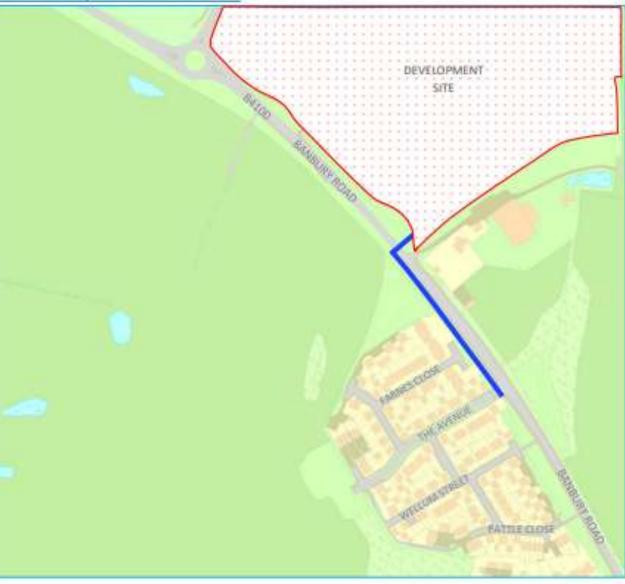




Table - Affected road and traffic management

LOCATION	START DATE	FINISH DATE	TRAFFIC MANAGEMENT
B4100, Banbury Road	06/01/25*	24/01/25*	Two and three-way traffic lights

[&]quot;Please note these dates may be subject to change

Yours faithfully

Lee Harding

Lead Project Manager Severn Trent





Warwickshire Family and Relationship Support-



As parents and carers, sometimes we may find what we're doing isn't working or we just want some different strategies in our toolbox.

There are a number of workshops and programmes available to parents/carers living in Warwickshire. This support can be accessed online, face-to-face through informal advice, one-to-one consultations, group programmes and workshops.

.or more information on any of our workshops or programs please use the QR code above to access the Eventbrite booking system or email ehparenttrainers@warwickshire.gov.uk





programme (Virtual)
Thu, 16 Jan, 10:00 GMT
Free





Sleep Workshop Thursday et 12:30 Evergraen School, Deensway Campus,... Froe



Boundaries and Rules Workshop (Rugby) Wednesday at 09:15 St Androws Bonn Coff Primary School Free



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School admissions





Warwickshire County Council

If you have a child who is due to start Reception or Year 7 next September, you need to apply for their school place. Applications can be made via the Warwickshire School Admissions Service. Visit their website for more information https://www.warwickshire.gov.uk/school-admissions-appeals.

Applying for a primary school place

1 November Application opens

15 January

Closing date for applications 1 February

Extended closing date for house moves 16 April

National offer day

2 June

Deadline for submitting appeals

Applying for a secondary school place

1 September Application opens

31 October

Closing date for applications 31 December

Extended closing date for house moves 3 March

National Offer Day

31 March

Deadline for submitting appeals