



Newsletter 18
Friday 24th January 2025

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admin2064@welearn365.com

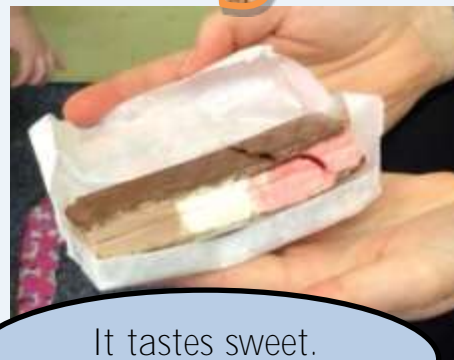


Nursery and Reception

Reception and Nursery class have continued their exploration of space this week. Through the brilliant book 'Astro Girl' by Ken Wilson-Max we have begun to find out more about life as an astronaut. We really enjoyed finding out more about the food that astronauts eat. Ruby already knew that they eat 'special packets'. We started by looking at how food can be preserved. The children tried grapes and then grapes that had been tinned and also grapes that had been dried to become raisins. Then we tried real astronaut food- freeze



Starry Night



It tastes sweet.



It's yummy. It spreads in my mouth!



UN Convention on the Rights of the Child
Article 29: Goals of education

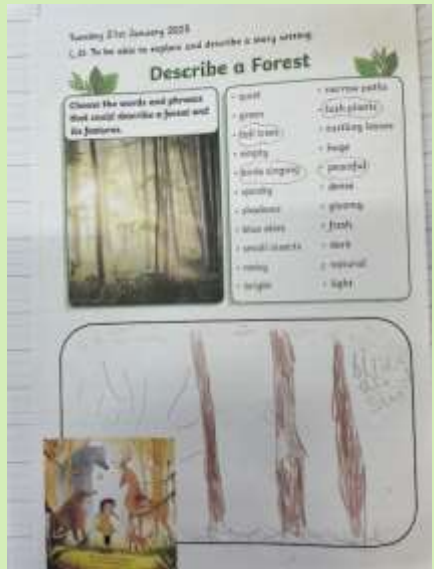




Forest Schools– Guided Reading

This week in our guided reading lesson, we spent time talking about the setting of our new story 'Greta and the Giants.' A visit to our own forest schools area helped to support the children's vocabulary and discussion about a forest setting and what you might find there. The children spotted moss and lichen, which grows on woodland trees, they spotted the dark areas created by the overhanging trees (like in the story) and a nearby house that 'maybe Greta lived in!'

Back in the classroom the children picked out key vocabulary that they would choose to describe a forest and completed an illustration of the forest from the text, reflecting on their experience in our forest area.



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PLAYLIST



This week, our Year 3 & 4 class explored Shakespeare's *Macbeth*, focusing on Act 1, Scene 1 and the iconic witches. Through theatrical adaptations, discussions, and a hands-on activity, the children delved into character development, examining dialogue, emotion, and movement. Using drama, the children studied the witches' emotions and gestures in various adaptations to better understand their personalities.

The children worked in groups, each child taking on a role: director, sound effects artist, or witch. Witches crafted movements and vocal expressions, sound effects artists added atmospheric sounds, and directors shaped stage positions, set design, and scene flow. The class refined performances through rehearsals, embracing feedback to better express the witches' intentions.

The lesson supported National Curriculum objectives such as enhancing spoken language and dialogue skills, fostering teamwork and communication, and building confidence through performance. The week ended with vibrant group performances showcasing their creative interpretations.



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Tudor Handwriting

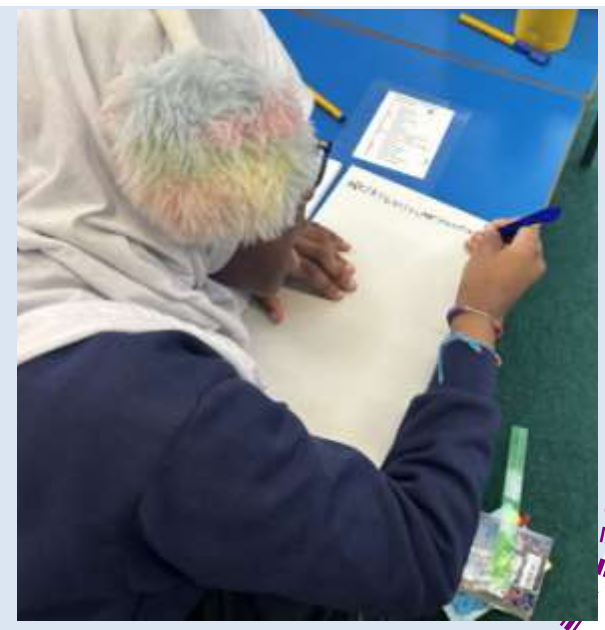
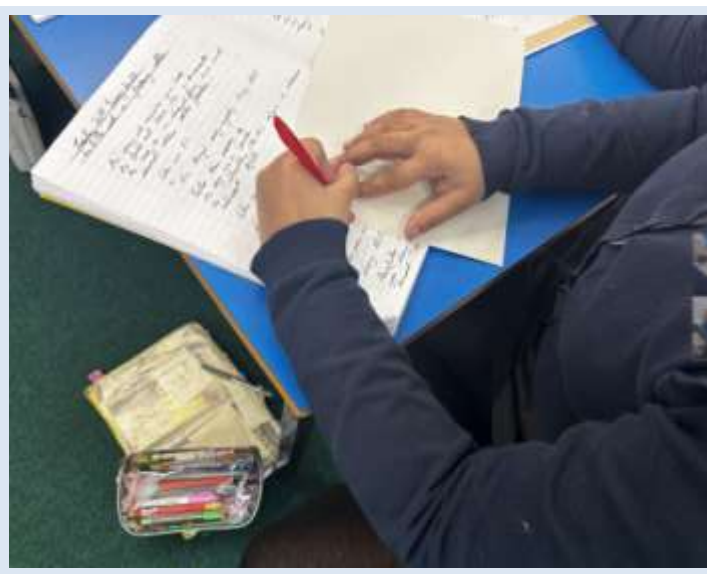
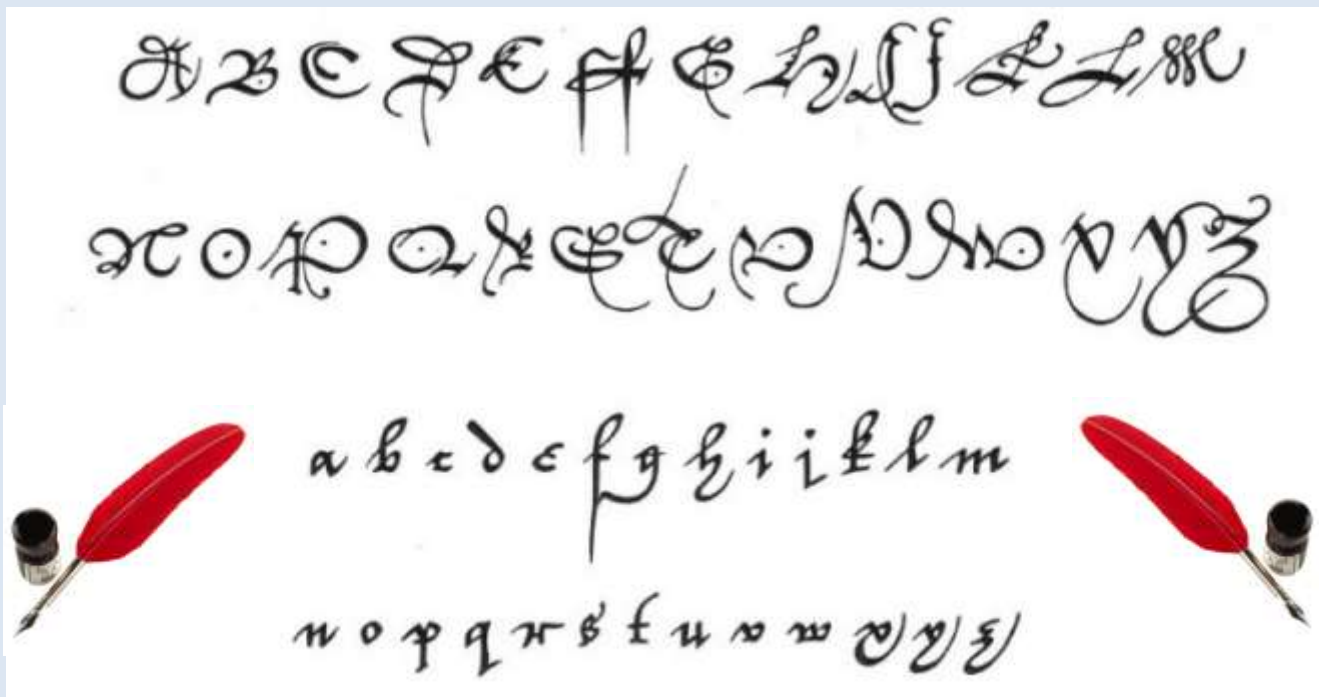
Lighthorne Heath Primary School Newsletter

This week, year 5 and 6 have continued their learning about Henry VIII and his wives

They have been writing flattering riddles to try to gain Henry's favour and avoid being beheaded.

Tudors are known for their elaborate handwriting and writing using a quill.

On Wednesday we made our own quills using feathers. Then we dipped them in ink and used them to write up our riddles for the King.



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Lighthorne Heath Primary School Newsletter

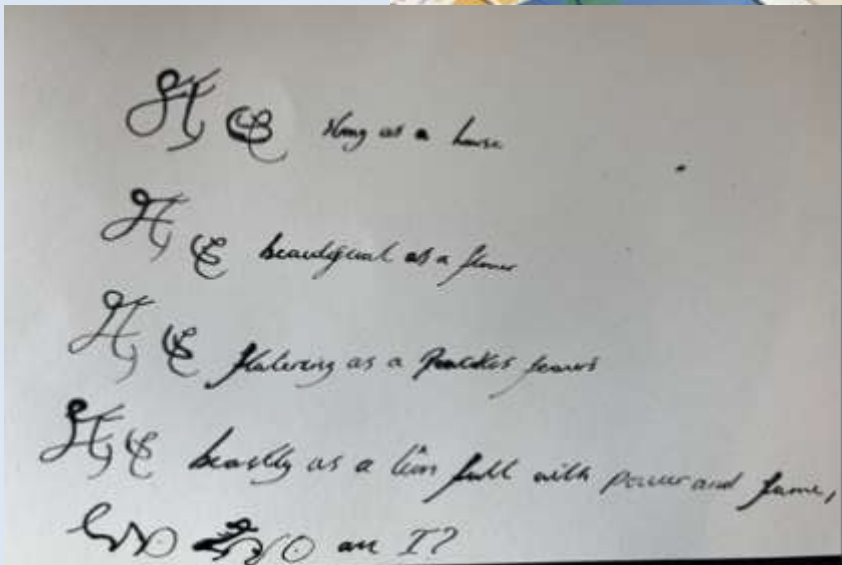


We cut the feather at an acute angle using sharp scissors to make a nib.

We then dipped this into our ink pots and wrote in our neatest cursive writing.



Tudor writing was very curly. The capital letters were often ornate and helped to decorate the page.



A flattering riddle for Henry VIII

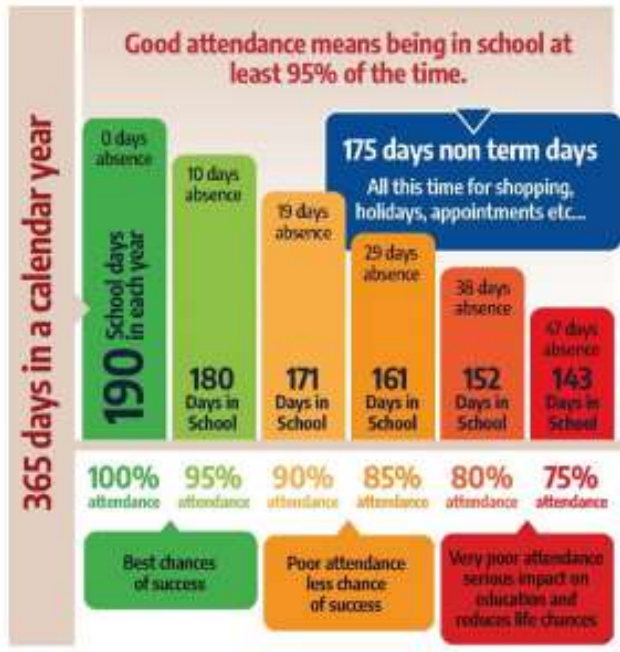




Attendance and Punctuality

Thank you to the many parents who ensure that their children attend regularly and arrive on time. Attendance is incredibly important to the education of our children and makes a big difference to a child's ability to do well at school. The school is required to work within clear guidelines.

DID YOU KNOW? A two-week holiday in term time means that the highest attendance you can achieve is **94.7%**



DID YOU KNOW? A child who is 15 minutes late each day, will have missed a full 2 weeks of school in one year.



PREPARED

In addition to attending school, it is also important that your child has what they need each day. Parents should be aware of the days in which their child has PE and-/ or swimming and ensure that children have the correct kit on the relevant day.

At this time of year it is important that children have a warm coat in school so that they can safely and comfortably play outside and complete learning activities outside the classroom.



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Emotional Wellbeing and Mental Health



Mental Health in Schools Team Tips For Wellness



Respect

Respect is important in our lives because it helps us develop a sense of self-worth and improves our general wellbeing. This in turn will enable us to develop healthy relationships with others and an environment where everyone feels valued and heard. As we grow, respect is a crucial life skill we need to manage our emotions and resolve conflicts peacefully.

When you respect yourself, this enables you to be open to new opportunities that will help you reach your personal goals. If you feel confident in your own worth, you are more able to recognise when others are not treating you well. *Scan the QR code below to watch a video about Maslow's hierarchy of needs!*

Our tips for respect:

1. **Listen** to each other's point of view and recognise that it is OK if you do not agree with someone else's opinion.
2. Try to keep discussions about the topic and not about the people who are sharing their views.
3. As a class, **create an agreement** and list the ways you would like to be respected by each other in school. You could all sign your name and pin this on the classroom door to remind you about how to be respectful!
4. **Create a poster** about how you can show respect outside of the classroom too. Think about what you could do at home and in the community.
5. **Respect role-play!** Practice respect by imagining how someone else might feel in different situations. Think about how actions and words might affect others.
6. **Talk to your friends** about what makes you unique. Focus on listening to each other and embracing each other's differences.
7. Listen to the '**respect rap**' by following the QR code and watching the video!



In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.



Diary Dates



Spring Term	
January	
Friday 31st January	Mufti (non uniform) day, please bring 50p donation for school funds
February	
Week beginning Monday 3rd February	Children's Mental Health Week
Thursday 6th February	Parents and Carer's club – 2.30 at school. Join us for a hot drink and biscuit and get to know other parents.
Week beginning Monday 10th February	Tuesday 11th February 3.15-5pm Wednesday 12th 4pm– 6pm
Friday 28th February	Mufti (non uniform) day, please bring 50p for school funds
Thursday 6th March	World Book Day (don't buy a costume– specific themes and instructions to follow).



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With best

Lighthorne Heath Learning Heroes

EYFS

Arleen is Mrs Hartley and Mrs Cox's class hero this week for her fabulous engagement with learning activities. Arleen has been listening carefully to recognise the sounds some words start with and has been having a go at orally blending. She is always polite and kind. Well done Arleen!



Co-operate

Years 1 and 2

This week our hero is Tino for the fabulous ideas he shared during our forest school walk. He made some brilliant predictions and connections about our story and really came to life with his enthusiasm and imagination. Great work Tino!



Persevere

Years 3 and 4

Mr Sangha's star of the week is Felicity. This week she has demonstrated an outstanding work ethic and shown fantastic focus in class making sure all of her work is consistently of a high standard. Congratulations Felicity!



Keep on improving

Years 5 and 6

My hero this week is Immy. She always works hard and concentrates on the learning tasks, checking her work and making sure it's the best it can be. Over the last two weeks she has done some fantastic extra work at home, she has found some it more about Henry VIII wives and presented her findings in beautiful booklets that she has produced on her computer. Well done, Immy



Use your imagination

Have a go



Concentrate



Be curious!



Enjoy learning

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Article 29: Goals of education





This Friday, our school assembly was filled with joy and inspiration as children explored how to create a more welcoming community. The focus of the assembly was on the simple but powerful ways we can make others feel valued and included.

The children shared their ideas, from smiling at someone new, to inviting others to join in games, and even learning how to say "hello" in different languages, the ideas shared were thoughtful and inspiring.



The energy and enthusiasm from the children reminded us all that small acts of kindness can make a big difference.

Let's continue to celebrate and practice these values every day in our school and local community.

Being friendly—
Everleigh

Saying Hello
— Kaety

Hold their hand— Aria

Learn how to speak their language—
Malaya

Play with them—
Yusayrah

Share their heritage—
Felicity



UN Convention on the Rights of the Child

Article 29: Goals of education

Article 8: Protection and preservation of identity

Article 22: Refugee children

Article 30: Children from minority or indigenous groups



What Parents & Carers Need to Know about

TIKTOK

AGE RESTRICTION
13+

(Certain features are restricted to over-18s only)

TikTok is a free social media platform that lets users create, share and watch short videos ranging anywhere from 15 seconds to 10 minutes in duration. The app gained notoriety for its viral dances, trends and celebrity cameos and can be a creative, fun platform for teens to enjoy. Now available in 75 languages, it has more than a billion active users worldwide (as of spring 2022) and is most popular with the under-18 age bracket. In fact, a 2022 Ofcom report found TikTok to be the most-used social media platform for posting content, particularly among young people aged 12 to 17.

WHAT ARE THE RISKS?

AGE-INAPPROPRIATE CONTENT

While TikTok's "Following" feed only displays videos from users someone follows, "For You" is a stream of clips based on their personal watch-history content. Most videos on a child's "For You" feed will therefore be light-hearted and amusing, but it could potentially surface something unsuitable. TikTok's guidelines prohibit the sharing of illegal or inappropriate content, but the sheer volume of uploads means they aren't manually monitored and vetted.

DANGEROUS CHALLENGES

Due to TikTok's immense popularity, some young people have unfortunately been influenced by videos challenging them to perform harmful, critical or even deadly acts. One extreme example was the "Ice Bucket" trend, which encouraged users to hold their heads until they passed out from a lack of oxygen. It led to two fatalities. Ofcom lawsuits against TikTok over the tragic deaths of their children.

CONTACT WITH STRANGERS

With around 1 billion users globally, the potential for contact with strangers on TikTok is high – especially via accounts created by users 16 (or younger) using a false date of birth) or set to public by default. This not only means that someone's profile is visible to everyone else on the app, it also lets their videos be suggested to others and enables anyone to comment on them or download them.

IN-APP SPENDING

TikTok is free, but users have the option to buy TikTok coins, which can be used to purchase a range of in-app items. These items are then sent as rewards (including their monetary value) to other users for videos they've created. Coin bundles range from £3.99 to an eye-watering £99. TikTok's policy is that they can't be bought by under-18s, but it's possible to bypass this with a false birthday.

ADDICTIVE NATURE

TikTok can be addictive, especially for young people, with compulsive repeated use can interfere with sleep patterns and be a distraction from other activities. The platform recently introduced default usage time limits of 30 and 100 minutes for new members under 16 (in the UK, children with TikTok over a 30-minute period on the app), but these restrictions can easily be removed in the settings.

TIKTOK NOW

Introduced in late 2022, the "TikTok Now" feature lets users post a daily video or photo of the exact same time as their friends, users receive a synchronized notification at a random time of day, giving them three minutes to take a video or real-time photo. This addition can not only be a distraction to young people but could lead to them inadvertently sharing private content such as their location.

Advice for Parents & Carers

ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account with their child's and control their settings remotely. Parents can then, for example, turn on Restricted Mode (reducing the chance of a child seeing inappropriate content), set screen time limits and manage their child's ability to send messages (and to whom). Children can't alter these settings without parental approval.

MAKE ACCOUNTS PRIVATE

Although under-18s will have their TikTok account set to private by default, bypassing this setting is relatively easy. However, parents have the ability to manually set their child's account to private – meaning that their videos won't be visible to strangers and they won't be able to exchange messages with people who aren't on their friends list.

LIMIT IN-APP SPENDING

If your child is using an iPhone or Android device to access TikTok, you can alter the settings to prevent them from making in-app purchases. We'd recommend that you enable this feature, as it's quite easy for a young person – without realising what they're doing – to spend a significant amount of real money buying TikTok coins so they can unlock more features of the app.

DISCUSS THE DANGERS

If your child wants to use TikTok and you're happy for them to do so, it's crucial to talk about the potential risks in this type of app. For example, ensure they understand not to share any identifying personal information – and that they realise they could be exposed to inappropriate content. Thinking critically about what they see on TikTok can help children become generally more social media savvy.

READ THE SIGNS

If you're concerned that your child might be spending too much time on TikTok, or that they've been emotionally affected by something inappropriate or upsetting that they've seen, it's important to know how to spot the possible signs. Increased irritability and a lack of concentration are potential red flags, as are failing to complete homework or regularly not eating meals.

Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of both Tech Radar magazine, Carly is now a freelance technology journalist, writer and consultant.

NOS National Online Safety

#WakeUpWednesday

[@nationalonesafety](#)

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None of this guide should be taken as a disclaimer. No liability is accepted for any. Current as of the date of release: 02.03.2023



Some useful information for parents and carers, including online webinars can be accessed the The National College (formerly National Online Safety). At school, we teach the children about safe online behaviours but it is important that these messages are reinforced at home at that parents and carers are aware of how to support their children if issues arise.

SAFELINE'S PARENT WORKSHOP

HOW TO KEEP YOUR CHILD SAFE ONLINE!

Online Safety Workshop
Monday 10th of February 2025
5-6pm

This workshop provides key knowledge around how social media/apps can be used safely and the risks/dangers of the online world.

If you would like to attend please confirm by emailing ramandeepd@safeline.org.uk please include your child's school name

Please join by going into Zoom and putting in Meeting ID: 765 294 7590



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entrust care partnership

STAY & PLAY

Little Acorns

Please Note Temporary change of venue from 11th October 2024

Special guests and expert advice!

Fridays
Term time
10:15: 11:30

Lighthorne Heath Children and Family Centre,
Stratford Road,
Lighthorne Heath,
CV33 9TW



For parents and carers of young children with additional needs

Support, help, advice, refreshments and a chance to meet other parents and carers

"Refreshing to feel safe and unjudged"

"Lovely to chat and share experiences"



Contact Diane on 07961 830527
lynnebarton@enturstcarepartnership.org.uk



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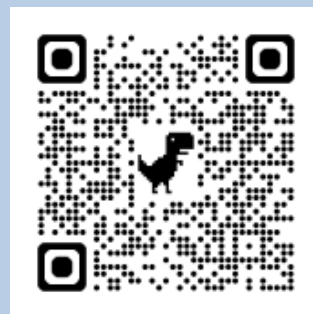
Week three	
Warwickshire, Coventry: 9/9, 30/9, 21/10, 11/11, 2/12, 6/1/25, 27/1, 24/2, 17/3, 7/4 Oxfordshire: 9/9, 30/9, 21/10, 11/11, 2/12, 6/1/25, 27/1, 24/2, 17/3, 7/4	
MONDAY	
Choose a main meal... Southern Style Chicken Strips in a Wrap with Potato Wedges (G)	On the side... Fresh Salad Bar Vegetables of the Day
<u>Vegetarian Only</u> (v) Jacket Potato with Cheese (D)	For dessert... (v)(h) Chocolate Orange Cookie with Orange Wedges (G) or Fresh Fruit
Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans	
TUESDAY	
Choose a main meal... Beef Burger in a High Fibre Bun with Crispy Diced Potatoes (G.SB.SU)	On the side... Fresh Salad Bar Vegetables of the Day
<u>Vegetarian Only</u> (vg) Veggie Plant burger in a High Fibre Bun with Crispy Diced Potatoes (G)	For dessert... (vg) (h) Shortbread (G) or Fresh Fruit
Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans	
WEDNESDAY	
Choose a main meal... WEDNESDAY ROAST British Roast Pork Loin, Apple Sauce and Gravy	On the side... Fresh Salad Bar Vegetables of the Day
<u>Vegetarian Only</u> (vg) Quorn Roast with Gravy (G) Crispy Roast Potatoes	For dessert... (v) Strawberry Swirl Mousse (D) or Fresh Fruit
Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans	
THURSDAY	
Choose a main meal... (h) Mild and Creamy Chicken Korma with Wholegrain rice (D)	On the side... Fresh Salad Bar Vegetables of the Day
<u>Vegetarian Only</u> (vg) Quorn Dippers with Seasoned Wedges (G)	For dessert... (v) Pancakes with Fruit (G D E) or Fresh Fruit
Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans	
FRIDAY	
Choose a main meal... FISHY FRIDAY (msc) Fish Fillet Fingers (G.F) with Chipped Potatoes	On the side... Fresh Salad Bar Peas or Baked Beans
<u>Vegetarian Only</u> (vg) Breaded Vegetable Fingers with Chipped Potatoes (G)	For dessert... (v)(h) 'School Favourite' Sprinkles Sponge Cake (G.E.) or Fresh Fruit
Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans	

Educaterers' New Menu

Next week we will be on Week 3 of the current Educaterers menu.

Free School Meals

If you think that you may be eligible for free school meals applications can be made online at <https://www.warwickshire.gov.uk/education-learning/apply-free-school-meals>



Mrs. Manley and Mrs Hendriksen are happy to help with FSM applications, please ask if you require assistance.



Parent and Carer's Club

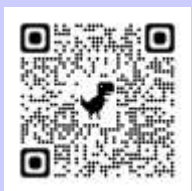
Thursday 6th February

2:30 - 3 PM

A chance to chat and mingle with a hot drink and biscuit

Thank you to those who joined our first session!





A number of free online parenting courses are available to Warwickshire families. These are a great way to get advice and learn new skills in the comfort of your own home and at times to suit you. All of the courses are filled with helpful techniques and ideas developed by our experienced parenting professionals to help you become a confident and happy parent. Crucially, you can do our course whenever and wherever suits you and work through it at our own pace.

Follow the link via the QR code above or access these courses and other support via: <https://www.familylives.org.uk/how-we-can-help/online-parenting-courses>

<p>Parents Together</p> <p>Read More</p>	<p>Let's Play</p> <p>Read More</p>	<p>Coping with teens</p> <p>Read More</p>	<p>New Baby in the Family</p> <p>Read More</p>
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<p>Raising Confident Children</p> <p>Read More</p>	<p>Sibling arguments</p> <p>Read More</p>
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<p>Giving praise effectively 9 easy steps to give praise effectively</p>	<p>Steps for empathy 10 easy steps to show and develop your empathy</p>	<p>Time to calm down 10 steps for giving time to calm down</p>
<p>Choices and consequences 7 steps for giving choices and consequences</p>	<p>Active ignoring 8 steps for active ignoring unwanted behaviour</p>	<p>Problem solving 7 steps for problem solving</p>



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Play Leaders

Can you help?

Our Play Leader Junior Leadership Team is currently working on initiatives to improve the quality of playtimes by investing in new playground furniture and play equipment.

We have been working with Anna Buckler (Children's Wellbeing Practitioner, CWRISE) to identify what is working well with our play and lunch time provision and what we can do to improve things further.

One of the key items we believe would significantly enhance the experience for our children is child-sized round picnic benches, which would encourage social interaction and collaborative games.



Some of the items we are considering are quite costly. We are reaching out to our parent community to inquire if anyone has connections with local businesses or organisations that might be able to assist with funding or sponsorship for this project.

Your support would be invaluable in helping us create a more engaging and enjoyable environment for our children. If you are able to help or know of any potential funding opportunities, please don't hesitate to contact us, please speak directly to Mrs. Manley or Mrs. Hartley.

Thank you for your continued support.





smoothwall®
by Qoria

FREE ONLINE SAFETY WORKSHOP

FOR PARENTS OF SCHOOL AGED CHILDREN

Get practical hints and tips to support your children and keep them safe online, and learn how to keep up to date in the ever changing online world.



Wed 19th
MARCH 7pm-8pm



Speaker

KAT HOWARD

Head of Education & Wellbeing (UK)
Smoothwall



Register for the Zoom link and parent flyer here:

<https://forms.office.com/e/x2JJKwLx8y>

Kat has been working in and with schools for over 20 years to develop their understanding of online safety. She is passionate about the importance of online safety in schools and the wider community.

For more information on online safety, visit <https://warwickshire.onlinesafetyhub.uk/>



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Project title: B4100, Banbury Road
Project reference: 6158139
Date: 18 December 2024

WONDERFUL ON TAP

SEVERN
TRENT

Severn Trent
PO Box 407
Darlington
DL1 9WD

Dear Customer

We're carrying out work on our water main that may affect you...

- We're installing a new water main connection for a development in your area
- We plan to start from 6 January 2025, and take approximately three weeks to complete
- We'll be working under two and three-way traffic lights.

Why we're doing this work

We plan to install a new water main connection for a development off B4100, Banbury Road, Lighthorne Heath by connecting onto our existing water main located outside the site.

Important things to know

The new water main connection will be laid in the carriageway from the junction of The Avenue and into the entrance of the development site. To allow us to carry out this work quickly and safely, initially have three-way traffic lights in place at the junction with The Avenue. As the work proceeds away from the junction of The Avenue, the traffic lights will then change to two-way, this is to ensure your safety and the safety of our workforce. We will always keep access to properties within our working area. You may wish to allow for extra time for your journey and we apologise for any inconvenience this may cause. The plan and table overleaf show the approximate location, timescale and traffic management.

We plan to start work from 6 January 2025 and take approximately three weeks to complete.

Interruption to water supply


We do not plan on interrupting your water supply during our work if this changes we will notify you in advance.

Please bear with us...

Please rest assured that we, and our contract partner **Avove**, will be doing everything we can to minimise the disruption and get the work finished as quickly as we can.

Keeping you informed every step of the way

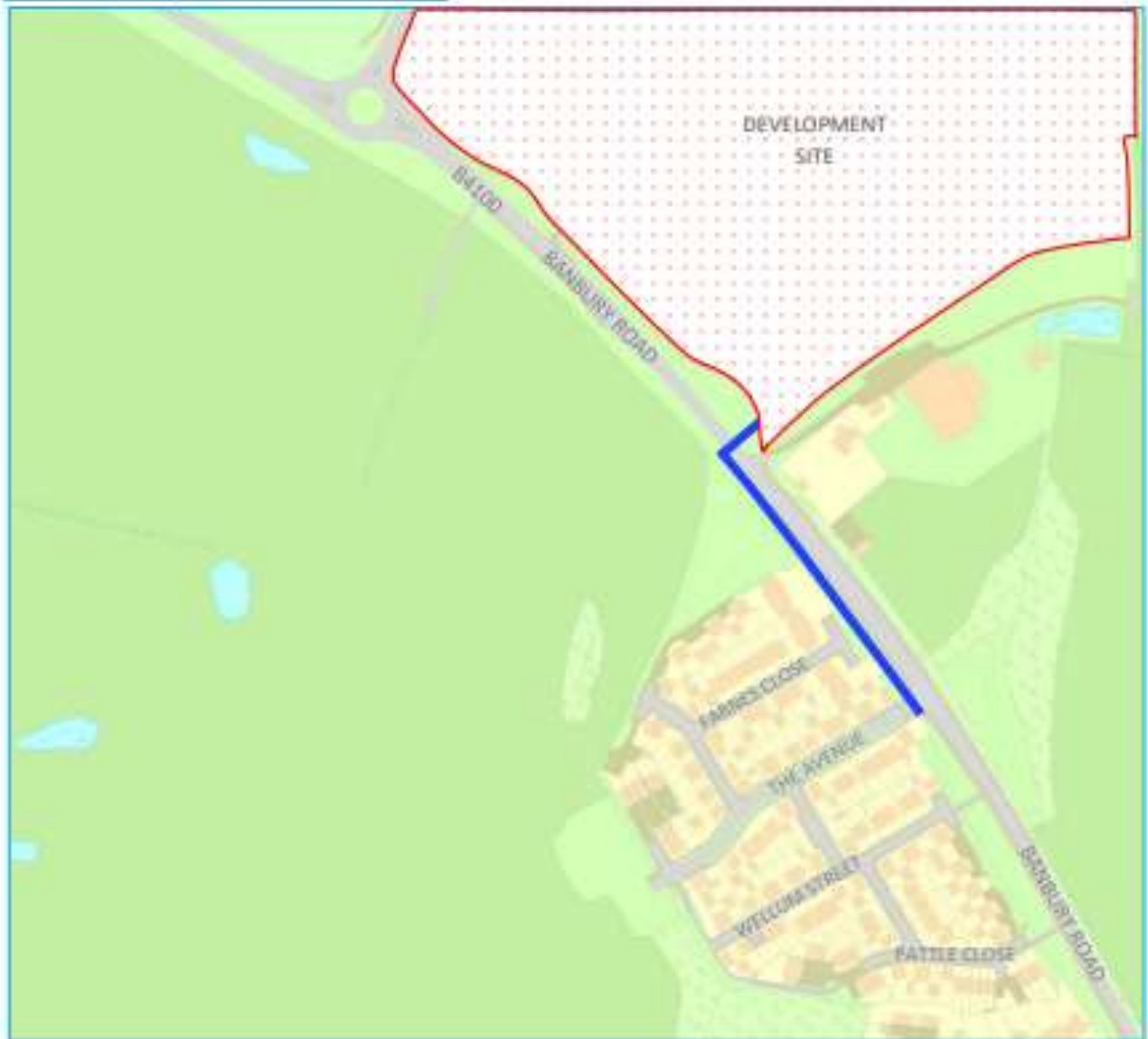
If you have any queries about the work, you can contact us on the numbers below:

 **07885 475321** – Simon Williams, Avove Customer Liaison Officer
0333 7722 282 – Avove 24hr Customer Service Centre

If your call is about your water supply or sewerage service, you can call our Customer Operations Service Centre on 0800 783 4444. Please quote the project reference on the top of this letter.



Plan – Banbury Road water main work



KEY

-  Approximate section of the new water main
-  Approximate location of the development site

Table – Affected road and traffic management

LOCATION	START DATE	FINISH DATE	TRAFFIC MANAGEMENT
B4100, Banbury Road	06/01/25*	24/01/25*	Two and three-way traffic lights

*Please note these dates may be subject to change.

Yours faithfully

Lee Harding
Lead Project Manager
Severn Trent

Community Information

School admissions



Warwickshire County Council

If you have a child who is due to start Reception or Year 7 next September, you need to apply for their school place. Applications can be made via the Warwickshire School Admissions Service. Visit their website for more information <https://www.warwickshire.gov.uk/school-admissions-appeals>.

Applying for a primary school place



Applying for a secondary school place

