



Newsletter 31
Friday 7th June 2024

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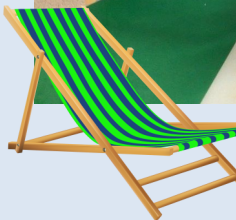
Nursery and Reception



Reception and Nursery children have been excited to start their new learning theme 'On the Beach' this week. To get us started the children enjoyed a imaginative day at the beach. The children helped to prepare sandwiches, ate ice lollies and played in the paddling pool and sand pit.



On the Beach

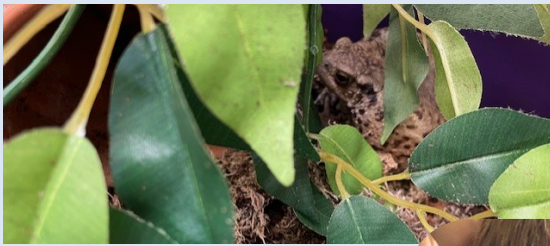


UN Convention on the Rights of the Child
Article 29: Goals of education

Years 1 and 2

Paws, Claws and Whiskers

This week in Year 1 and 2 we started our new topic 'Paws, Claws and Whiskers.' The children were very excited to learn about different kinds of animal groups during our science lesson. They learned to identify and classify a range of animals (birds, mammals, amphibians, fish and reptiles) based on their common features. They had the opportunity to touch a feather from a peacock, a shed snake skin from a corn snake and met a live amphibian, 'Dave' the common toad. The children were all surprised that the toad didn't feel slimy but was dry and rough to touch, he was also very lively and enjoyed jumping around the classroom! We are very excited that Dave enjoyed his time with us so much that he will join us again in a few weeks to help us learn more about animal habitats.



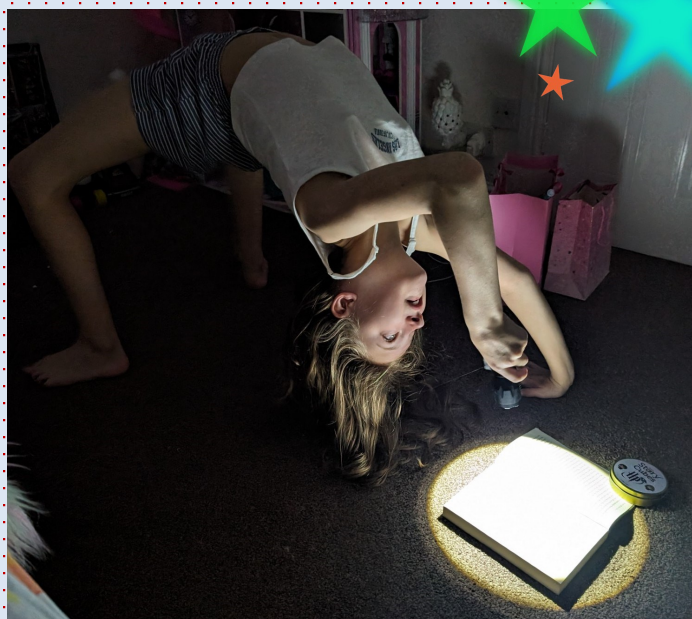


Half Term Reading Challenge

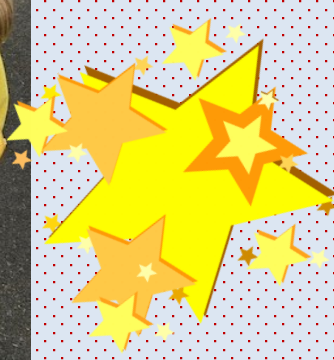
Take a look at some of these fantastic extreme readers! We challenged the children to find some unusual places to read during the holidays and the results didn't disappoint!



Half Term Reading Challenge



Half Term Reading Challenge



Half Term Reading Challenge



Reading Challenge



Congratulations to all of these children for completing the reading challenge over half term. Well done!



Half Term Reading Certificate

Awarded to _____

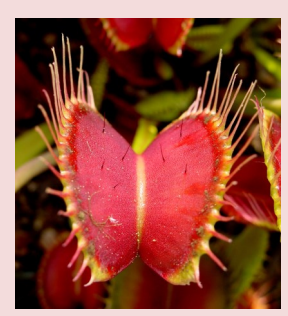
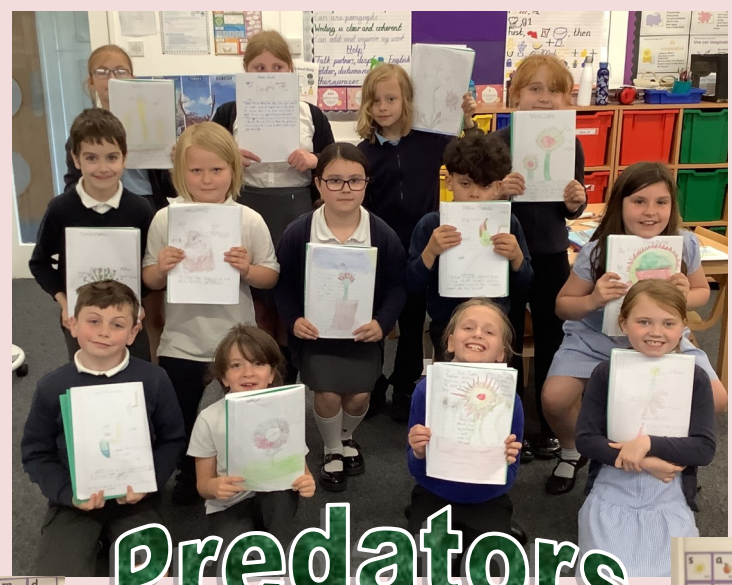
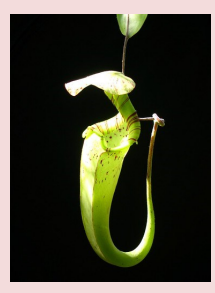
WELL DONE!

Date _____ Signed _____

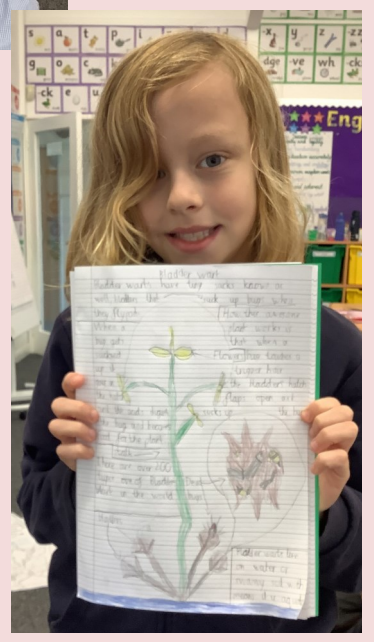
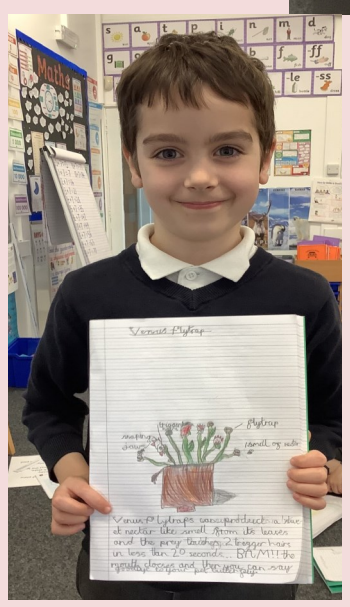


Half Term Reading Challenge

This week, the children were introduced to their new topic, 'Predators'. During a science lesson, we explored various carnivorous plants. We discussed the terms carnivores, herbivores, and omnivores, which led to a conversation about how some plants can also be carnivores. These plants trap and eat food in different ways, including using suction or adhesion. The children learned about four well-known carnivorous plants: Venus Flytrap, Pitcher Plants, Bladderwort, and Sundew by watching an interesting video and conducting further research by reading a text.



Predators



The children then chose their favourite carnivorous plant featured in the lesson. They drew detailed diagrams of their chosen plants and labelled the important features that help them trap their prey. Next, they wrote a description to share interesting facts. At the end of the lesson, the children presented their work and gave brief explanations to the class.

Gallery Rebels



This term, the children in 5/6 have the exciting new topic:, Gallery Rebels:

Colours collide, melting together on the canvas: an impression of light, a rage of red, a lobster perched on a telephone. Come and find out about the bizarre and eccentric minds of the gallery rebels. Art can be an act of rebellion. Can you change the world with a paintbrush, a thought, or an idea? Dream the dream, or show us your night-mares. What do you see? Watches melting? Wheels spinning? A shark in a box? Can you express yourself without words? Well, a picture paints a thousand of them. Try your hand at a Damien Hirst sculpture, exploring the weird and wonderful to create a curious treasure for the next generation. Take up your arms and fight for the cause. Paintbrushes and sketchbooks at the ready. Let's make art.

This week the children were making their own sketch books. They chose different types of paper, collated them together and then using string and a few snips, they attached them together. Although this was a trickier task than we first imagined, the result was effective.



I chose to add extra detail to the front of my sketch book so it looked like the colours faded across the cover



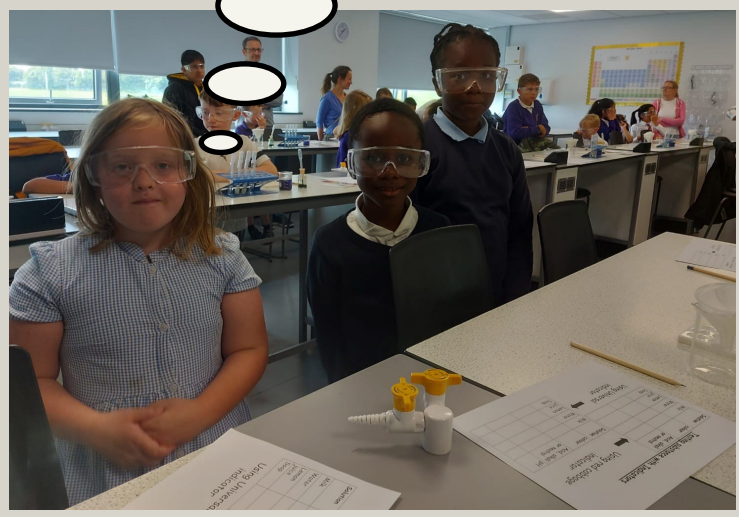
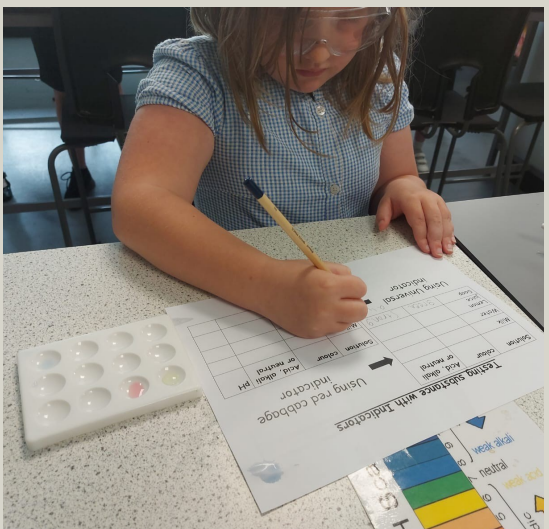
We used pamphlet stitch to secure our sketch books.



Looking at Learning

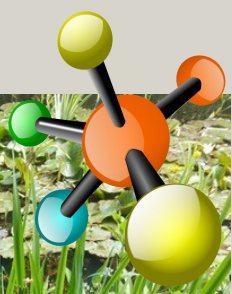


'We were really surprised to learn that milk is acidic!'



Abimbola, Emilia-Rose and John all enjoyed a fantastic afternoon at the Campion school Science workshop this week. They took part in an experiment to identify the acidity levels of a range of solutions (milk, water, lemon juice and soap) using universal indicators and enjoyed a pond dipping session in the school grounds, learning about habitats, pond life and lifecycles.

'We were amazed at the amount of bugs and tadpoles that lived in such a tiny section of the pond.'



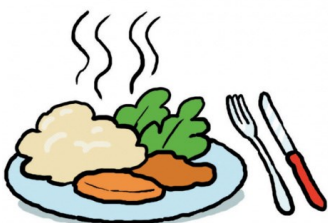
Diary Dates ¹¹



Summer Term	
* = New additions to the diary dates	
June	
Monday 17th June*	Refugee week
Thursday 20 th -Friday 21 st June	Y 5/6 residential at Gulliver's Land
Friday 28th June*	Mufti day—bring a bottle e.g wine, soft drink, sauce, toiletries.
July	
Monday 1st July*	Summer Fair 2-3pm
Thursday 4 th July	Y1-4 Cotswold Wildlife Park
Friday 5 th July	Educaterers Wimbledon lunch
Monday 8 th July	End of Year Reports will be sent to parents this week
Tuesday 9 th July	Y 5/6 National gallery online workshop session 1-2:30pm
Thursday 18th July	Nursery (+parent) morning workshop at British Motor Museum
Friday 19th July	Break up for summer holidays

Staffing Update

Following Mrs Bazeley's retirement at Easter, we welcome Mrs Vasha Sharma to Lighthorne Heath Primary School. She will be working as a Teaching Assistant in Years 3 & 4. Welcome Mrs Sharma!



UN Convention on the Rights of the Child

Article 29: Goals of education

Article 5, Parental Guidance, Article 18, Parental responsibility

WIMBLEDON MENU

5th July

Gluten Free Breaded Fish Fillet (F)
or
(v,h) Vegetable Tartlets (G,E,D)

Both served with Chips,
Peas Baked Beans or Salad

Strawberry Whip (D)
with a
Mini Shortbread Biscuit (G)
or
(v, h) Lemon Drizzle cake (G,E)

Allergen Key
V - Vegetarian
M - Homemade
VG - Vegan
G - Gluten
D - Dairy
F - Fish
E - Egg

The first Wimbledon Tournament took place in 1877.
That was 147 years ago!

Emotional Wellbeing and Mental Health



Mental Health in Schools Team
Tips For Wellness



Growing for
wellbeing week -
3rd - 9th June

Get outdoors

Being outside can help decrease your anxiety levels, as well as lessen stress and feelings of anger. Exercise can also help with this and it's even better when you're outside!

Regular access to green spaces has been linked to lower risks of depression and improved concentration and attention. Cycling and walking both release our 'feel-good' hormones known as endorphins. These hormones help to relax your mind and make you feel happier. This boosts your mood and reduces your feelings of anxiety. Research shows that those who regularly cycle also have a significantly lower risk of feeling stressed!

Our tips for getting outdoors:

1. Check out the QR code for **75 fun outdoor activity ideas!** There are some great suggestions for things you can do outdoors during the summer holidays, why not create your own 'summer holiday bucket list' of all the activities you would like to try?
2. Have a look in your local area for any **parks or green spaces** you can go to. Some parks have a variety of activities you can do, such as football, mini golf, tennis and foot golf! Follow the QR codes for some suggestions.
3. Try a new outdoor activity, such as **disc golf!** There are disc golf courses available in Stratford (Gilly's Disc Course) and Leamington (Quarry Park Disc Golf Course).
4. Follow the QR code below to the **best trails in Warwickshire**, where you can walk, mountain bike or climb outdoors with family and friends. There are plenty routes to choose from!



#ThanksKids recognises the efforts and kindness of children and young people, and thanks them with personalised #NHSSStars certificates. If you know a child or young person that deserves recognition for going above and beyond, don't wait, nominate! thankskids@covwarkpt.nhs.uk.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.

Lighthorne Heath Learning Heroes

Nursery & Reception

Miss Wood and Mrs Hartley have chosen Leroy as their learning hero this week. Leroy has really impressed us with his willingness to have a go at a wide range of activities and his cooperation with other children. Leroy has made excellent progress with his phonics and is able to apply this when writing independently. Well done Leroy!



Have a go

Years 1 & 2

Mrs Hill and Mrs Munday have chosen Felicity as this week's hero. Felicity joined the class on Monday and has displayed fantastic manners, offered valuable contributions during lessons and has been quick to make friends with others. What a fantastic start, we are very lucky to have you as part of our class!



Concentrate

Years 3 & 4

Miss Singh has chosen Callum as this week's hero for making an excellent start at Lighthorne Heath Primary School. He has demonstrated an excellent attitude towards learning and proven himself to be a kind and helpful individual. He is a wonderful addition to the class. Well done, Callum!



Years 5 & 6

My hero this week is Lathan for his home learning over half term. Not only did he complete the reading challenge, but he also did some amazing forest school style art. He was able to create a rainbow inspired piece of art using flowers and plants which looked very effective! Keep up the imaginative work Lathan!



Enjoy learning

UN Convention on the Rights of the Child

Article 29: Goals of education

Co-operate

Persevere

Keep on improving

Use your im-



Healthy Lunch Boxes

As parents may be aware, our school dinners are carefully planned and follow national guidance about foods that should be served in school..

Our menu ensures that children have the energy and nutrition they need to get the most from their whole school day.

Unfortunately, we have noticed an increasing number of children bringing unsuitable packed lunches to school. These include lunches containing multiple chocolate bars, no fibre or protein and foods with high levels of salt and sugar. We politely request that parents consider whether the lunches provided are suitable for a busy day learning.

A healthy packed lunch should include:

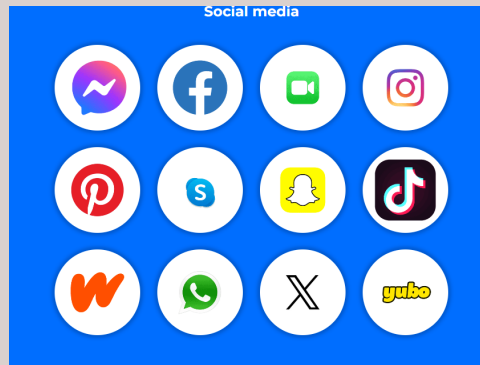
- A good portion of starchy food, e.g. wholegrain roll, tortilla wrap, chapatti, pitta pocket, pasta or rice salad;
- A portion of lean meat, fish or alternative, e.g. chicken, ham, beef, tuna, egg, beans or hummus;
- Plenty of fruit and vegetables, e.g. an apple, satsuma, handful of cherry tomatoes or carrot sticks, small tub of fruit salad or small box of raisins;
- A portion of semi-skimmed milk or other dairy food, e.g. reduced fat cheese, yogurt or fromage frais;
- A drink e.g. fruit juice, semi-skimmed milk, yogurt drink or a bottle of water.

This checklist is adapted from the Department of Health's Food in Schools Toolkit.

Cakes and biscuits are allowed but encourage your child to eat these **only as part of a balanced meal.**



Online Safety and Social Media



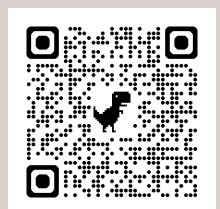
Unfortunately, we are finding that an increasing number of children at school are requiring support with problems that have occurred due to their internet use out of school. This includes sending/ receiving inappropriate messages, accessing inappropriate videos and images and the normalisation of undesirable behaviours including swearing and offensive language.

Managing these situations is taking a significant amount of adult time in school each week and we are seeing increasing numbers of younger children (including nursery aged children) that appear to be given unsupervised and unrestricted access to the internet.

Please can I ask that all parents and carers speak with their child individually about their online behaviours and review each child's access to particular sites and apps? Please see the age rating guide overleaf for more information. The following site: has some links to online guides on how to set parental controls for some sites:: <https://www.internetmatters.org/parental-controls/social-media/> and

the following link provides advice about setting controls on YouTube: <https://www.internetmatters.org/parental-controls/entertainment-search-engines/youtube-app/>

If any family would like additional advice or support regarding internet safety or device controls do get in touch and we will do our best to assist.



[UN Convention on the Rights of the Child](#)

[Article 29: Goals of education](#)

[Article 18: Parental Responsibilities](#)



Online Safety