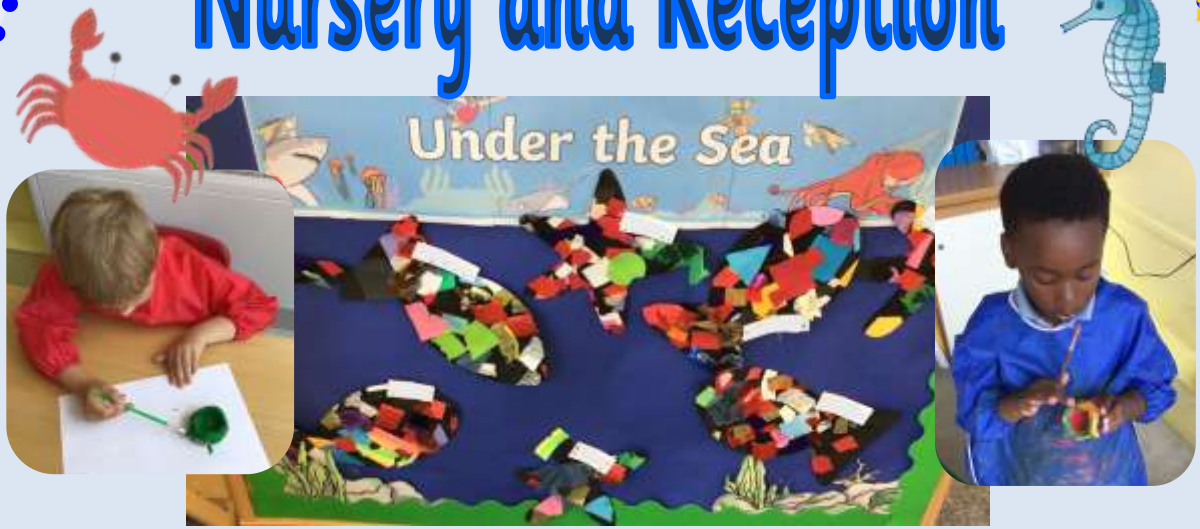


# Nursery and Reception



This week Reception have been listening to pirate stories. We made finger puppets and acted out our own little pirate adventures. In Literacy we wrote about what special items we would have on our own ships- treasure was a popular choice! In Maths we have started to learn about time and sequencing events throughout the day. We also painted our clay pots which we made last week. Nursery have made beautiful sea creature art to display



City of Sanctuary  
Supporting Organisation

Eco-Schools  
Green Flag  
Award Holder

MUSIC MARK  
PROUD TO BE A  
MUSIC MARK  
SCHOOL  
2022 - 2023

360  
degrees safe  
SAFE ONLINE

ARTS COUNCIL  
ARTSMARK  
GOLD  
ENGLAND

FOOD FOR LIFE  
Soil Association

Healthy Schools

The number  
group of books 1-10

Quality Mark

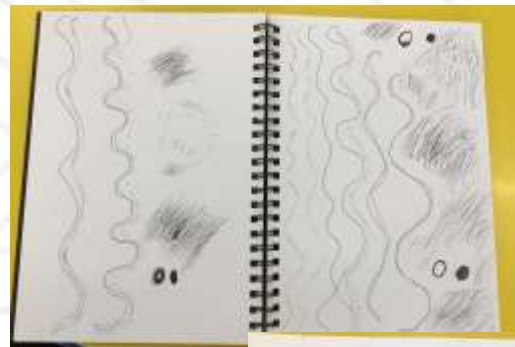
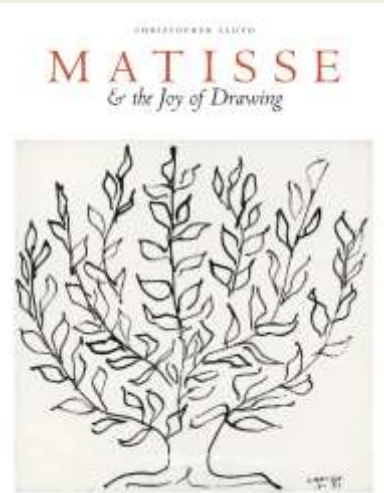
PSQM  
Primary School Quality Mark

SPORTS LEADERS UK  
Give More. Secure More.

Warwickshire  
County Council

# Year 1 and 2

As part of our Paws, Claws and Whiskers topic this half term we have been looking at the patterns and prints of different animals. We explored the simple line drawings of Matisse, focusing on shapes which helped us to draw some fabulous line drawings of giraffes from photographs.



We created our giraffe line drawings using pencil, a media that we are all familiar with. We then experimented with drawing in pen and explored the different types of lines and marks that we could create using the ink. The children all felt like they were breaking the rules drawing in pen for our lesson!



We created some AMAZING drawings of lions using our pens. We used a range of different pen strokes, tracing over a faded black and white image to help us to focus on experimenting with the different drawing techniques. The children were all so proud of their art work and rightly so!

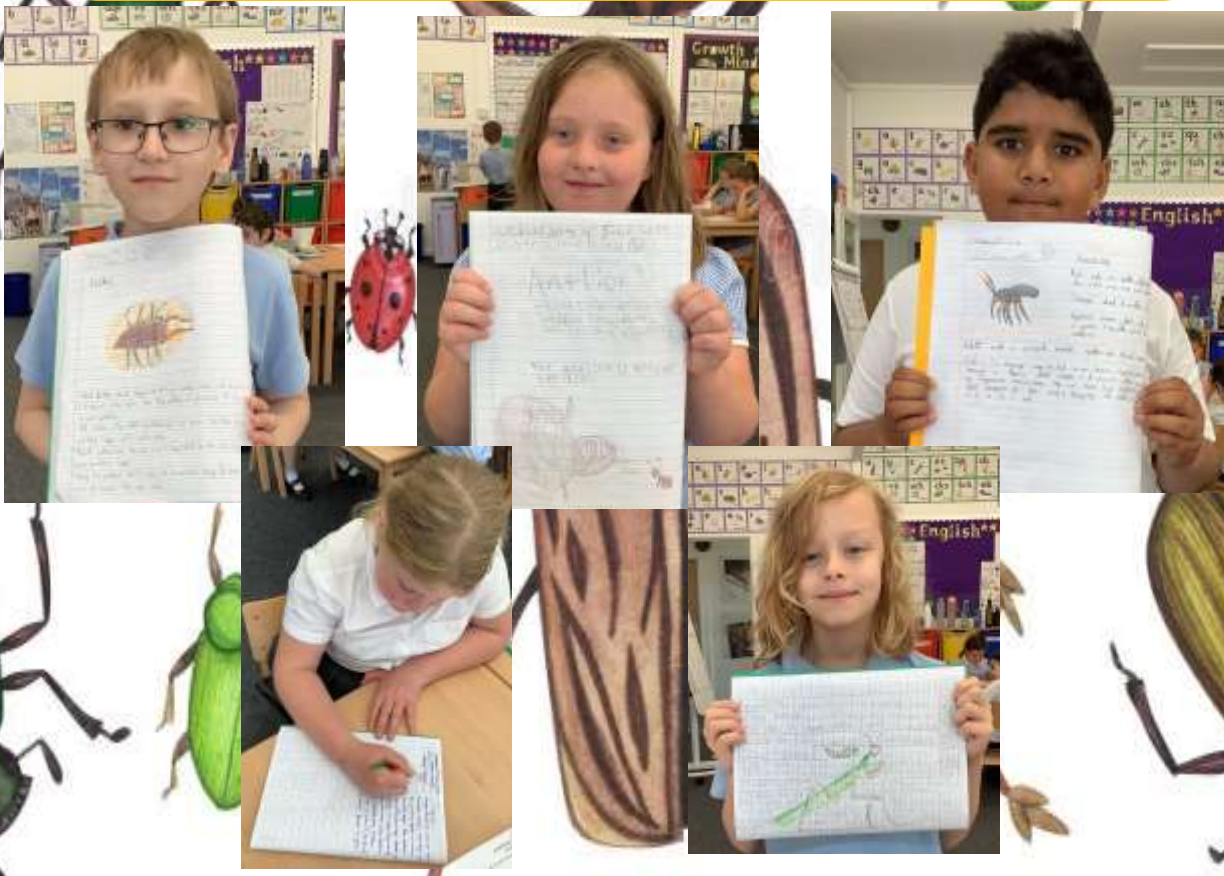




# Year 3 & 4

# Looking at Learning

During science, Year 3 and 4 discovered three ferocious insect predators. First, they learned about the antlion, known for the predatory habits of its larvae, which dig pits to trap ants and other prey. Adult antlions resemble dragonflies but are weaker fliers and more fragile. Next, the students explored the assassin bug, a predatory insect that feeds on beetles, caterpillars, and flies. One type of assassin bug even stacks dead ant bodies on its back to confuse predators. Finally, they studied the praying mantis, named for its distinctive posture of holding its forelimbs together as if in prayer. Praying mantises primarily feed on insects like flies, crickets, and moths, but larger species may prey on small vertebrates like frogs or lizards.



After the engaging discussion, the children chose the ferocious insect they wanted to learn more about. They conducted further research, drew terrifying pictures of their chosen insect, and wrote interesting facts about them.



Last Thursday, the children in 5/6 had their residential trip to Gulliver's Land in Milton Keynes. They had the most fantastic time taking part in lots of different activities on Thursday followed by dinner and a movie night.

On Friday they learned about the science behind theme park rides before enjoying some for themselves.



For many of the children it was their first time away from home, and I was very impressed with how well they coped. Residential trips offer an opportunity for students to learn and experience new things outside the traditional classroom setting. These trips ensure young people are exposed to activities they may not get to experience often or have potentially never experienced before as well as helping to develop independence, responsibility, and enhance social skills. Residential trips also provide a break from the daily routine.



# Environmental Art

# Looking at Learning





# Theme Park

# Looking at Learning



# Diary Dates



Summer Term		* = New additions to the diary dates
June		
Friday 28th June	Mufti day—bring a bottle e.g wine, soft drink, sauce, toiletries.	
July		
Monday 1st July	Summer Fair 2-3pm	
Thursday 4 <sup>th</sup> July	Y1, 2, 3, 4 trip to Cotswold Wildlife Park	
Friday 5 <sup>th</sup> July	Educaterers Wimbledon lunch	
Monday 8 <sup>th</sup> July	End of Year Reports will be sent to parents this week	
Tuesday 9 <sup>th</sup> July	Y 5/6 National gallery online workshop session 1-2:30pm	
Wednesday 10th July	Whole school transition morning	
Friday 12th July*	Bling Your Bike—3pm	
Wednesday 17th July	Year 6 Leaver's Assembly— 9.15am	
Thursday 18th July	Nursery (+parent) morning workshop at British Motor Museum	
Friday 19th July	Break up for summer holidays	

Break up on Friday 19th July for the Summer holiday.

School is closed for In-Service Teacher Training (INSET) on Monday 2nd September and Tuesday 3rd September 2024.

**Pupils return to school on Wednesday 4th September 2024**

School is closed for In-Service Teacher Training (INSET) on Monday 6th January 2024.



UN Convention on the Rights of the Child

Article 29: Goals of education

Article 5, Parental Guidance, Article 18, Parental responsibility

# News

## Staffing for September

The staffing arrangements for September 2024 will be as follows:

Reception and Nursery	Mrs Rachel Hartley (Mondays, Tuesdays & Wednesdays) Mrs Lisa Cox (Thursdays & Fridays)
Year 1 & 2	Mrs Katy Hill (Mondays & Tuesdays) Mrs Rhian Munday (Wednesdays, Thursdays & Fridays)
Year 3 & 4	Mr Armandeep Sangha
Year 5 & 6	Mrs Cassie Cox
Associate Headteacher	Mrs Jill Manley

### Miss Singh

Unfortunately Miss Singh will be leaving us at the end of this academic year. Miss Singh is leaving to take up an incredibly exciting opportunity to teach in Vietnam. During her time at Lighthorne Heath, she has been responsible for some impressive projects such as the beautiful class art work that has been accepted by the National Gallery for their Take One Picture project and the creative Refugee week books that went on display at Wellesbourne Library.



### Mr Armandeep Sangha

We are delighted to be welcoming Mr Sangha to the role of Year 3 and 4 class teacher. He has strong connections with the Federation, having himself been a past pupil at Sydenham Primary School. Mr Sangha will be spending lots of time in school over the next few weeks getting to know the children. I know he is very much looking forward to meeting you all.

### Mrs Lisa Cox

Many of you may remember Mrs Cox from her time at Lighthorne Heath when she was Associate Headteacher and EYFS teacher. We are thrilled to welcome her back, following her role as Reception teacher at Sydenham Primary School.



### Transition Day - Wednesday 10th July

Children in current Years Reception to Year 5 will have the opportunity to spend the morning with their new class teacher on Wednesday 10th July.







## Water, drinks and your health

The NHS guidance says that 'children should avoid squashes completely'.

**As such, it is our school policy to only allow children to bring water in their bottles to school.**

We provide cooled water for children to refill their bottles and always encourage them to drink plenty, particularly if they are active and in warmer weather.

[NHS website guidance on drinks](#)

The NHS Live Well website states that:

Fizzy drinks, squashes and juice drinks can contain lots of added sugar and very few nutrients, so keep them to a minimum. Children should avoid them completely.

Flavoured water drinks can also contain a surprisingly large amount of sugar, so check food labels before you buy.

Also, beware of "juice drinks" as they may not have enough fruit in them to count towards your 5 portions of fruit and vegetables a day.

A high sugar content means a drink is also high in calories, which can contribute towards you becoming overweight.

The sugar and acidity in fruit juices can linger on teeth causing decay.

In juices that are low or no sugar, the sweeteners that are added may have adverse effects on health.



UN Convention on the Rights of the Child  
Article 24: Health and health services



# Summer Fair

Lighthorne Heath Primary School

LIGHTHORNE HEATH PRIMARY SCHOOL

# SUMMER FAIR

**MONDAY**

**1st July 2-3PM**

- TOY TOMBOLA • GAMES AND ACTIVITIES
- FOOD AND DRINK • STALLS • SWEET SHOP
- BARNARDO'S CRAFT • UNIFORM SHOP
- BAKING COMPETITION • WAX MELTS





# Summer Fair



CALLING ALL BAKERS



## Lighthorne Heath Bake off

Surprise us with your creations! Prizes will be awarded.

MONDAY 1ST JULY- SUMMER FAIR

All entries, once judged, will be sold to raise money for school on the refreshment stall.

# Can you help?



## Uniform Donations

We are currently seeking donations of clean second hand uniform that is no longer needed. If you have anything suitable please send it in to the school office.

## Baking Competition

Get your aprons ready! As part of our Summer Fair, we will be holding a competition to crown the best baker. Can you dazzle us with your creative treats? Even if you don't consider yourself a star baker, we'd also appreciate cake donations for our refreshment stall.

## Stall opportunities

Are you a parent who runs a business and would be interested in holding a stall at our summer fair. Get in contact with the school office for more information.

## Volunteers

Are you able to give a bit of your time to support the success of our school fair? We would really appreciate some help to run some of our stalls. Please email the school office if you are available [admin2064@welearn365.com](mailto:admin2064@welearn365.com)

Many thanks!



# BLING YOUR BIKE

Following a successful introduction last year, we are happy to offer another 'Bling your Bike' session this year.

Children are invited to bring their bike (or scooter) after school on to the front playground. Here they will be able to choose from various resources to make their bikes safer when the evenings start to get darker again in the autumn.

## FRIDAY 12TH JULY



We hope to see you there!

# Spaces filling fast!

**on**side<sup>®</sup>  
COACHING.CO.UK

THE **PERFECT**  
Holiday Childcare Solution

Ages  
**5-11**

**HAF**  
**Active Kids**  
Summer  
2024

LH Lighthorne Heath



Monday **5th**  
to Thursday  
**22nd August**

**HEALTHY  
LUNCH  
PROVIDED**

**FREE**

To book now visit us at

**[haf.onsidelive.co.uk](https://haf.onsidelive.co.uk)**

During the Christmas and Easter holidays, we have been fortunate to secure funding to host a HAF club (free for children in receipt of Free School Meals). We have secured funding for this to be repeated for 3 weeks over the Summer Holiday. Unfortunately, places are limited to just 27 this time and will be allocated on a FIRST COME FIRST SERVED basis.

If you need any more information then please contact [ben@onsidecoaching.co.uk](mailto:ben@onsidecoaching.co.uk)





# Emotional Wellbeing and Mental Health



## Mental Health in Schools Team Tips For Wellness



### Embracing Change

We all experience change at some point in our lives. Changes may include transitioning to a new class, moving house or experiencing loss. Change can be exciting and positively impact our mental health, giving us opportunity to build resilience. However, sometimes we can find change difficult and scary, which can result in us feeling frustrated or anxious. It is ok and very normal to feel a range of different emotions about change.

If you are currently struggling with changes in your life, you may find the following tips helpful.

#### Our Top Tips For Embracing Change:

- 1. Look for the positives:** learning to accept that change is part of everyday life and looking for any positives can help you feel less overwhelmed and anxious about the situation. You may even find there is something you are looking forward to or a goal you would like to work towards.
- 2. Talk about it:** talking to people you trust, sharing how you feel and asking for help can provide you with support and a safe space to express yourself when you are experiencing change.
- 3. Keep a routine:** eating healthily, getting enough sleep and keeping up with regular activities can help create some consistency during a season of change. This can help you to feel more in control and boost your mood.
- 4. Be kind to yourself:** change can be difficult, so it is important to keep being kind to yourself by practising self-care. Scan the QR code to find out more about self-care:



#### Moving up to secondary school:

The transition from Year 6 to Year 7 is one that many young people find challenging. Scan the QR code to find resources and a video about moving up to secondary school you may find helpful:



#ThanksKids recognises the efforts and kindness of children and young people, and thanks them with personalised #NHSSStars certificates. If you know a child or young person that deserves recognition for going above and beyond, don't wait, nominate! [thankskids@covwarkpt.nhs.uk](mailto:thankskids@covwarkpt.nhs.uk).

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.

# Lighthorne Heath Learning Heroes

## Nursery & Reception

Miss Wood has chosen Arleen this week as the class learning hero. Arleen has been really kind, sharing the classroom resources and has been a brilliant classroom helper. Well done Arleen!



## Years 1 & 2

Mrs Munday and Mrs Hill have chosen Leo as their learning hero. Leo has shown a fabulous attitude towards his learning this week. He has really focused on all that he needs to do and has completed his learning tasks to a really high standard. I have been especially impressed with his maths this week and his ability to rapidly recall number facts and recognise patterns, in turn then applying this to help him to solve problems. What a fabulous week Leo, well done!

Have a go



Concentrate

## Years 3 & 4

Miss Singh has chosen Rosa and Poppy as this week's heroes for their brilliant start at Lighthorne Heath Primary School. They have both been an absolute pleasure, demonstrating a willingness to participate and a strong sense of curiosity. Rosa and Poppy are lovely additions to the class. Well done, girls!



## Year 5 & 6

Mrs Cox has chosen TJ as her hero this week for his fantastic scientific thinking during our chromatography experiment. He was able to articulate the reasoning behind his hypothesis logically and had obviously thought inquisitively about possible outcomes. Keep being curious TJ.



Enjoy learning

UN Convention on the Rights of the Child

Article 29: Goals of education



Co-operate



Persevere



Keep on improving



Use your imagination






educaterers®



A FOOD  
STORY



# Healthy Eating



## WIMBLEDON MENU

5th July




Gluten Free Breaded  
Fish Fillet (F)  
or  
(v,h) Vegetable Tartlets (G.E.D)

Both served with Chips,  
Peas Baked Beans or Salad

Strawberry Whip (D)  
with a  
Mini Shortbread Biscuit (G)  
or  
(v, h) Lemon Drizzle cake (G.E)

Allergen Key  
V - Vegetarian  
H - Homemade  
VG - Vegan  
G - Gluten  
D - Dairy  
F - Fish  
E - Egg

The first Wimbledon Tournament  
took place in 1877.  
That was 147 years ago!

UN Convention on the Rights of the Child

Article 29: Goals of education

Article 24 Health and health services



# PLAYER RECRUITMENT

COME AND JOIN OUR MINI + JUNIORS PLAYERS

- ✓ WE RUN AGE GRADE RUGBY FROM U5'S (RECEPTION SCHOOL YEAR) TO U16'S
- ✓ EXPERIENCED COACHES ACROSS ALL AGES
- ✓ TRAIN OR PLAY EVERY SUNDAY
- ✓ TRAINING EVERY TUESDAY AND THURSDAY
- ✓ SOCIAL ATMOSPHERE
- ✓ GREAT FACILITIES
- ✓ WE WELCOME ALL LEVELS OF EXPERIENCE

INTERESTED ?

PLEASE CONTACT US AT [HARBURYRFCENQUIRIES@GMAIL.COM](mailto:HARBURYRFCENQUIRIES@GMAIL.COM)



#UPTHEVILLAGERS



- WATERLOO FIELDS, CV33 9JN



# KIT DESIGN COMPETITION



## WIN:

- CCFC shirt • X2 tickets to a CCFC home game
- Stadium tour + family meal in the Anecdote restaurant (located at the Coventry Building Society Arena) during the summer holidays
- £20 book voucher

**KIT TEMPLATE CAN BE DOWNLOADED VIA [CCFC.CO.UK](http://CCFC.CO.UK)**

**EMAIL YOUR ENTRIES TO:** [competition@cbsarena.co.uk](mailto:competition@cbsarena.co.uk)

**DEADLINE:** 05/07

**SKYBLUES**  
in the COMMUNITY 

COVENTRY Building Society | 

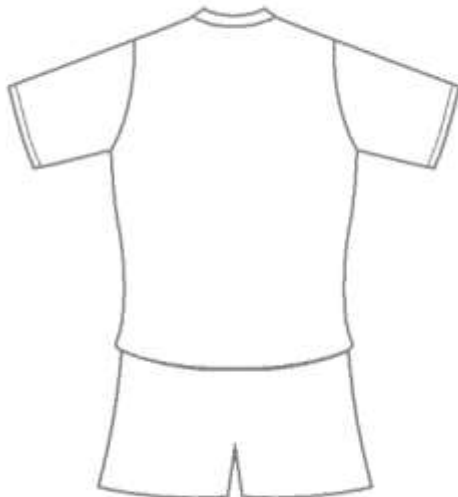


02476 786 349 | [sbitc@sbitc.org.uk](mailto:sbitc@sbitc.org.uk)

Name : \_\_\_\_\_

School: \_\_\_\_\_ School YR: \_\_\_\_\_

Parent/Guardian email: \_\_\_\_\_ Telephone: \_\_\_\_\_



**SKYBLUES**  
in the COMMUNITY 

COVENTRY Building Society | 