

Nursery and Reception



We have celebrated National Poetry Day with a week long exploration of poems from the lovely book 'Zim Zam Zoom!' The poems are great fun to read out loud. The children have focused on how different vocabulary sounds when said out loud, for example the rocket will rush, zip and roar. To help us perform the poem we made some rockets.

The children really enjoyed the poem called 'Funny Faces'. Can you spot some of our favourite funny faces that we included in our performance?

Poetry Week





Attendance and Punctuality

Being in school is important to your child's achievement, wellbeing, and wider development.

Evidence shows that the children with the highest attendance throughout their time in school gain the best results.

Every moment in school counts, and days missed add up quickly. Parents may be aware of the continued importance that is being placed on school attendance from the Local Authority and the Department for Education.

As a school, it is our responsibility to investigate any absences and work with families to reduce these.

All routine doctors, dentist and other non urgent medical appointments should be made for out of school hours. Most local GP surgeries are open until 6pm during the week and have later night appointments on specific evenings. Similarly, our local dentist surgeries are open until 6pm with plenty of pre bookable appointments during school holidays that can be made for routine appointments.



If you child is absent due to ill health or the attendance at an URGENT medical appointment then please let the school office so that we do not have to spend valuable office staff time investigating these absences.



UN Convention on the Rights of the Child

Article 31: Leisure, play and culture

We love reading!

At Lighthorne Heath Primary School, we believe that reading with your child regularly is the most valuable thing you can do with your child to help support their progress.

Giving a child time and full attention when reading them a story tells them they matter. It builds self-esteem, vocabulary, feeds imagination and even improves their sleeping patterns.

We expect all children to be heard reading a minimum of four times a week by an adult at home. This ideally should be daily.



“Reading aloud everyday is the single most important thing you can do to prepare your child to learn.”

Please record reading in your child's reading diary. Staff will regularly monitor these diaries. Please note that reading in school may take place in a variety of ways and may not always be recorded in your child's diary. For example, teachers keep central records of guided reading sessions.

Your child's reading diary will contain a gold star sticker on the front. If they can look after their diary and show still have it at the end of the academic year then there will be a small reward.



All children who read four times a week, or more, between Monday 16th September and Friday 11th October will be entered into a prize draw to win one of five £5 book tokens to be spent at the Scholastic Book Fair in October.

Scholastic Book Fair

FREE books for your school when you buy at the Book Fair!

SCHOLASTIC TRAVELLING BOOKS

A pop-up book-store with hundreds of books from just £2.99

COME to the BOOK FAIR



A work of staggering importance.



Date: **3.00 - 3.15pm - Main Hall**
Wednesday 16th October
until Tuesday 22nd October

Scan the QR code to pay online!

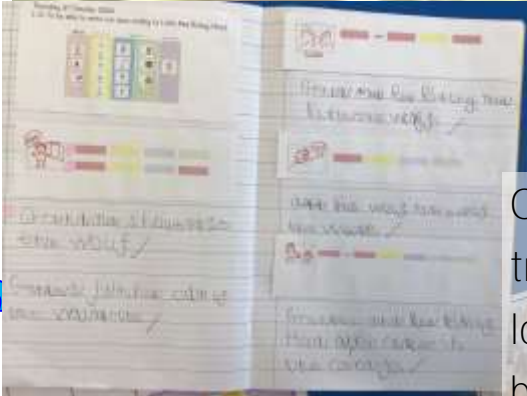
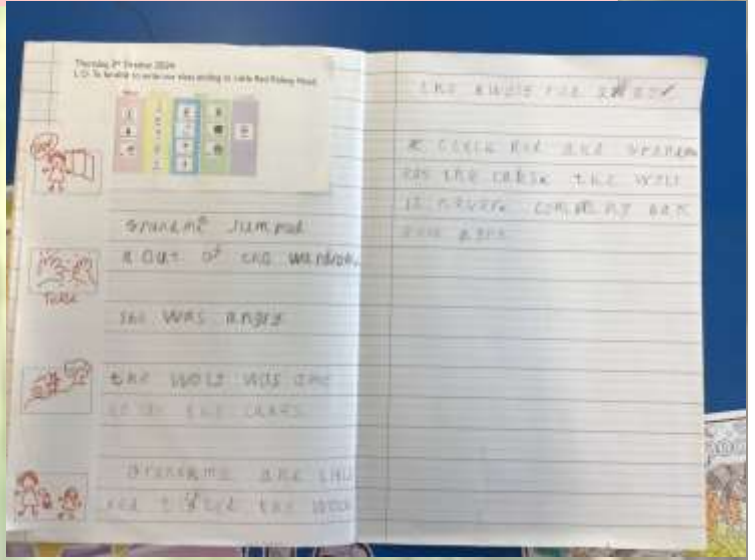


UN Convention on the Rights of the Child

Article 29: Goals of education

Years 1 and 2

Little Red Riding Hood



Our current literacy topic focusses on traditional tales and encourages children to look very closely at stories that might already be familiar to them.

We have spent time on the story Little Red Riding Hood. The children have learned about lots of different genres of writing and used this as inspiration for their own. We followed instructions to make cakes just like Little Red. (They were delicious). We wrote our own instructions for how to make cakes and also how to catch a wolf and also looked at character descriptions. The children spent time discussing their use of vocabulary and the structure that different types of text must have.

Next week we will be looking at another traditional tale—Rapunzel.





Learning Detectives

Lighthorne Heath Primary School Newsletter

Our brand new team of Learning Detectives dropped in to observe our children's learning on Monday morning. Their aim was to observe children demonstrating effective learning behaviours using the different skills that our learning characters have taught them.



In Years 1 and 2, Mrs Hill was reading a version of Little Red Riding Hood and the children were comparing it to another version that they had read. We observed the children planning carefully and reviewing and revising their ideas ahead of their writing.

The children in Years 1 and 2 have high standards of themselves, we saw some beautiful handwriting.



In our Early Years class, we saw reception children listen really carefully to their teacher who was reading a poem. They concentrating on her talking about the words in the poem.



Outside, the nursery children were learning through play. Some of the children had found a spider in a tyre and were watching it move. They were asking each other interesting questions such as 'do you think it bites?'. They listened to each other very nicely.



UN Convention on the Rights of the Child
Article 29: Goals of education

Learning Detectives



In assembly, Mrs Hill shared information from our school newsletter; the children particularly enjoyed hearing news from Miss Singh.



After break, children in Years 3 and 4 were reading. We saw them manage their learning independently and also supporting one another where it was necessary (dictionary use). Children were enjoying our new topic related books.



Concentrate the eagle helps us to:



Concentrate!

Manage distractions.
Get lost in the task.
Do one thing at a time.
Break things down.
Plan and think it through.
Draw diagrams.
Jot things down.

Ele the elephant helps us to:



Never give up!

Work hard.
Practise lots.
Keep going.
Try new strategies.
Ask for help.
Start again.
Take a brain break.

Jerome the lion helps us to:



Be cooperative

Listen to others.
Say when you don't understand.
Be kind when you disagree.
Explain things to help others.
Be tolerant.

Fluffy the cat helps us to:



Be curious!

Ask questions.
Notice things.
Look for patterns and connections.
Think of possible reasons.
Research.
Ask, "what if..."

Pinky the pig helps us to:



Have a go!

Have a growth mindset.
Don't worry if it goes wrong.
Learn from mistakes.
Be excited to try new things.

Dreamy the unicorn helps us to:



Use our imagination!

Be creative.
Let your imagination go.
Think up new ideas and questions.

Kermit the frog helps us to:



Keep improving!

Review your work.
Identify your best bits.
Try to be better than last time.
Don't compare yourself to others, only yourself.
Take small steps.

Dilly the dolphin helps us to:



Enjoy learning!

Feel proud of your achievements.
Feel your neurons connecting and your brain growing.
Use what you have learnt in real life.
Know you can do it if you practise.



Blue Abyss

Years 3 and 4

This week, we took a deep dive into an exciting question: **“Are all sea creatures the same?”** ...

Spoiler alert: the answer is a definite no!

The children were fully immersed in exploring the wonderful diversity of marine life, and Mr. Sangha was thrilled to see their curiosity lead the way.

As part of our science unit, which focuses on Animals, Including Humans, we explored the fascinating world of sea creatures. Our aim was to help the children understand how animals can be grouped based on their physical features and characteristics. To bring the lesson to life, the children were presented with some sea creatures: a lemon sole, a sea bream and some clams.



The children eagerly examined each creature and used their observational skills to compare features such as the presence of fins, shells, or legs. They asked thoughtful questions like, "Why do some sea creatures have scales but others don't?" and "How do animals with shells protect themselves?" The children were asking relevant questions, making careful observations, and grouping animals according to their physical features.

They children even got the chance to pick up and touch the fish! Some of them were hesitant at first, but once the initial giggles passed, they were all in. The hands-on experience really helped solidify their understanding that, while all these animals live in the sea, they belong to different groups based on their unique features. This activity also tied into their work on classifying animals earlier this term, building on their knowledge from previous lessons. By the end of the session, the children were confidently explaining why the fish belonged to one group, and the clams to another, making links between their observations **and what we've been learning in science.**

Blue Abyss

Years 3 and 4

Wednesday 2nd October 2024

L.O: To explore and use classification keys to help group, identify and name living things.
 Comparison project: Are all sea creatures the same?

As a class, children observed a wide range of aquatic animals such as plaice and clams. Each pair was given one of the animals and asked to think of and write down relevant questions about it, answering any they knew the answer to. They identified and named their animal accurately using classification keys. The children then handled and examined their animal more closely using anatomical diagrams to identify its key parts.

Question	Answer
Do they live on land?	Yes
Do they lay eggs in the water?	yes
Do they have eyes?	yes
Do they have fins?	yes
Do they have teeth?	?
Are they a carnivore?	?

Name: Lemon Solon

Diagram:



I conclude that that all sea creatures are not the same because some sea creatures have scales and others do not have scales.

By Archie



We predict that all underwater animals are not the same because some animals won't have gills and some of them do

By Omeghene



I found it interesting to talk about which sea creatures have a backbone (fish, reptiles and mammals) and which sea creatures do not (molluscs and crustaceans).

By Stefan



Wednesday 2nd October 2024

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Question	Answer
Is it a vertebrate?	vertebrate
Are they cold blood?	yes
Do they have a soft shell?	yes
Do they lay eggs?	yes
How long did they live?	?
Do they smell bad?	some times

Name: Clams

Diagram:



UN Convention on the Rights of the Child

Article 29: Goals of education



NSPCC Speak out. Stay safe. programme



These assemblies will be held in school during the week commencing 14th October. Please speak to your child's teacher or Mrs Manley if you have any questions or comments.

Dear Parents/Carers,

NSPCC's *Speak out. Stay safe.* programme

We are pleased to inform you that we are participating in the **NSPCC's *Speak out. Stay safe.* Programme** this term. *Speak out. Stay safe.* is a programme for children aged 5-11 which aims to help children understand abuse in all its forms and to recognise the signs of abuse. Children are taught to speak out if they are worried, either to a safe adult or Childline.

This child friendly programme is aligned with the curriculum and consists of age appropriate virtual assemblies and supporting classroom based activities which we have reviewed. The content is delivered in an engaging and interactive way with the help of the NSPCC mascot Buddy. If you would like to know more about the *Speak out. Stay safe.* programme visit www.nspcc.org.uk/speakout.

Additional NSPCC resources for families to help keep children safe

The NSPCC have shared some important information below on wider NSPCC resources and support to help keep children safe.

<p>Parent/Carer support Take a look at information, support, advice and activities from NSPCC for parent and carers. www.nspcc.org.uk/parents</p>	<p>Activities to extend learning at home Take part in games and activities at home to help children learn about speaking out and staying safe. www.nspcc.org.uk/activities</p>
<p>Online Safety Hub For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more. www.nspcc.org.uk/onlinesafety</p>	<p>Childline – under 12's Childline have an accessible website with advice, support, games and activities. Children can change the language, enlarge text and also listen to the content. www.childline.org.uk/buddy (5-7) www.childline.org.uk/kids (7-11)</p>
<p>Talk PANTS with your children Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides simple but important messages. Download the free resources at www.nspcc.org.uk/pants.</p>	

I hope you find this information about the NSPCC and the *Speak out. Stay safe.* programme helpful. Please do contact me if you have any further questions.



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Article 29: Goals of education



Phases of the Moon

This week the children in 5/6 have been learning about the different phases of the moon.

- The Moon does not produce its own light. We can see the Moon because it reflects light from the Sun.
- The Moon orbits the Earth, and as this happens the Moon's appearance when viewed from the Earth changes because different parts of the Moon are illuminated at different times. This means we see the Moon's phases from Earth as different shapes.

The children learned the different phases, their names and when they occur. Then, using Oreos, they made scientific representations of the moon phases by scraping off different amounts of cream.

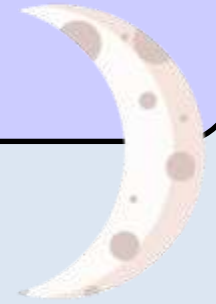


Looking at Learning

Looking at Learning



The moon goes through 8 different phases. The moon looks different, but it



When Earth is in-between the sun and the moon it is a full moon phase.

When the moon is in-between the earth and the sun, it's the new moon phase: it looks like the moon is gone!



Phases of the Moon



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Next week is World Mental Health Day. Although the official date for this is Thursday, we will be recognising this on Friday 11th October due to our Y3&4 trip taking place on the Thursday.



We invite all of our children to wear something green on Friday 11th October in recognition of World Mental Health Day.

We also invite all children to bring a soft toy into school on this day (this must be named and no larger than 30cm), this is so that children in Reception– Y6 can take part in a group Teddy Bear Meditation that will be led by us, our Mental Health Ambassadors.

We will be requesting donations (suggested £1 per pupil) and will use this to purchase some worry dolls for each class' Regulation Station.

Thank you for your support, from,

Imogen, Zilan, Joseph and Enzo (and Mrs Hendriksen), school Mental Health Champions.



Emotional Wellbeing and Mental Health



60 Mindful Minutes is one of many resources that we use in school to promote the positive mental health of our children and staff. Being mindful is similar to meditation where you focus on being intensely aware of what you're sensing and feeling in the moment and helps the body and mind to relax. This resource provides a bank of short mindfulness activities that should take no longer than a minute or two. Here are some that you may want to try at home. We will be using one of these resources for our whole school meditation during mental health week.

60 Mindful Minutes

3 Mindful music

Listen to a piece of music you like. Try not to think about it – just listen. Breathe deeply and slowly to absorb the experience.

www.nurturegroups.org

60 Mindful Minutes

2 Sounds in the room

Ask the children to close their eyes and sit comfortably in the room, focusing on the **SOUNDS** they can hear. Mention the sounds you hear that most people would not pay attention to if they were not using 'mindful listening', e.g. cars driving by outside, children playing outside, computers whirring, lights buzzing, clocks ticking etc. Ask the children to pay attention to each sound and reflect on how it feels to listen in this way.

www.nurturegroups.org

60 Mindful Minutes

8 Best breathing

Find a comfortable place to sit, with your eyes closed and your spine as straight as you can make it. Focus your attention on your breathing. When a thought or emotion pops into your head, accept it, but allow it to float on by (imagine you are pinning them to a cloud or on to a leaf floating down the river). Focus your attention on the rise and fall of your chest, the feeling of the air entering and leaving your body. **This is best breathing! Practise it!**

www.nurturegroups.org

Emotional Wellbeing and Mental Health



Mental Health in Schools Team Tips For Wellness



10th October –
World Mental
Health Day!

Caring

'Sometimes it only takes one act of kindness and caring to change a person's life' – Jackie Chan

Caring is about looking after the needs of yourself and others. It can include kindness, compassion, love, support and thoughtfulness. Taking time to care for ourselves, sometimes termed '**self-care**' can help us to increase our resilience and sense of self-worth. Allowing yourself time to engage in activities you enjoy and make you feel good, along with recognising unkind thoughts and trying to replace these with kinder thoughts can be part of caring for yourself.

Caring for others can help us feel connected, purposeful, and close to those we care for. It can therefore be very positive for our mental wellbeing. Can you think of a way you've shown care for someone this week?

Everyday millions of people in the UK give additional care to people they know through helping with everyday living tasks. **Young Carers** may also be responsible for looking after younger brothers and sisters and doing household chores. If you are, or you support a Young Carer, you can find local carers support by following the QR code:



Warwickshire Young
Carers Project

Our tips for being caring:

1. **Caring Chain** - children could write down an act of caring they can do for another person or for themselves on a strip of paper. Create a paper chain with each of these strips, by folding and linking them together. This can then be displayed in the classroom and pupils can be encouraged to give a new act of caring a go each week.
2. Try to identify 3 ways you have been caring towards yourself and 3 ways you have been caring towards others. Then, set a goal for another caring act you can carry out over the following week.
3. Take time to practise self-care! Follow the QR code for some ideas of how you could be kinder to yourself:



Self-care ideas!

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.

Diary Dates



Spring Term	
October	
WB Monday 14 th October	NSPCC assemblies
Thursday 10 th October	Years 3 & 4 trip to The Sea Life Centre
*Friday 11 th October	World Mental Health Day, wear something green in recognition, bring a teddy bear, £1 donation
*Friday 18 th October	Mrs Cox and Mrs Sharma at RSC training with the RSC Ambassadors
16 th -22 nd October	Scholastic Book Fair in school
22 nd & 23 rd October	Autumn Term Parents Evenings
Friday 25 th October	Mufti Day (non-uniform day), please bring a donation (50p suggested) towards school fund
28 th October- 1 st November	Half Term Holiday
November	
Monday 4 th November	Autumn 2 begins
Monday 4 th November	Protective Behaviours week
Friday 29 th November	Mufti Day (non-uniform day), please bring a donation (50p suggested) towards school fund.
December	
Monday 2 nd December	INSET day
Wednesday 4 th December	Years 3 & 4 Christmas Trip Years 5 & 6 Christmas Trip
Monday 9 th December	Nursery and Reception Christmas Trip Years 1 & 2 Christmas Trip
Monday 23 rd December 2024 to Friday 3 rd January 2025	Christmas Holiday School returns on Monday 6 th January

INSET Days 2024/25:

Monday 2nd December 2024

Monday 8th January 2025

Monday 21st July 2025

With best wishes from Mrs Westwood, Mrs Manley and all the staff at Lighthorne Heath Primary School.



UN Convention on the Rights of the Child

Article 29: Goals of education

Article 5: Parental Guidance Article 18: Parental responsibility



Home Learning

Home Learning

We would like to clarify our expectations regarding children's home learning. Research shows that taking an interest in your child's learning can make a big difference to how well they do in school. Making your home a positive learning environment plays a big part in this, no matter how old your child is. Home learning also provides an opportunity for parents and carers to talk to their children about what they are learning in school and to follow their own lines of enquiry around particular curriculum areas.

As well as topic based learning, all children are expected to read regularly at home. Reading is the single-most important activity your child can do to improve achievement in school as it is the gateway to learning, If pupils are not able to read well, they will not be able to access the full curriculum. We expect children to read with an adult at home AT LEAST 4 times each week and request that their home reading record is signed.

From Year 2, children will also bring home a short maths fluency activity each week.

Class	Weekly Home learning	Day set/ due back
Reception	Reading Weekly literacy or maths task linked to class learning.	Set Thursday, due Tuesday
Years 1 & 2	Reading Weekly topic linked task Maths fluency task	Set Friday, due Monday Set Friday, due Friday
Years 3 & 4	Reading Weekly topic linked task Maths fluency task	Set Monday, due Friday Set Friday, due Friday
Years 5 & 6	Reading Weekly topic linked task Maths fluency task	Set Friday, due Wednesday Set Friday, due Friday

For parents wishing to complete additional learning tasks with their children at home, the following websites offer some useful games and resources that are linked to the National Curriculum Learning outcomes. Class teachers would be delighted to advise on this further, please see your child's teacher if you would like further guidance.

EYFS/ KS1	KS2
<p>Phonic splay</p>  <p>Maths Whizz Games</p>  <p>Top Marks</p> 	<p>Maths Frame</p>  <p>BBC Bitesize</p>  <p>Top Marks</p> 



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Lighthorne Heath Learning Heroes

EYFS

Mrs Hartley and Mrs Cox have chosen Ralph as their class learning hero this week. Ralph is a delight to have in the classroom because he is so enthusiastic about all of our learning. He enjoys stories and songs, often requesting to have them repeated. Well done Ralph!



Co-

Years 1 and 2

Our Y1&2 hero for this week is Carter. We are so proud of all of the progress that he is making personally and academically. He really gets stuck into all of his learning challenges and has improved his focus so much. We enjoy seeing him light up with excitement in our maths lessons and tackle some really tricky concepts. Keep up your hard work, Carter!

Have a go



Concentrate

Years 3 and 4

Mr Sangha's Hero this week is Talha! Talha has been an exceptionally kind and caring individual throughout his time here so far. He sets a perfect example of how to care for and support others alongside working incredibly hard. Congratulations Talha



Be curious!

Years 5 and 6

Mrs Cox has selected Imogen as her Hero this week. This is for her fantastic use of imagination and beautiful presentation in both school and home learning. Congratulations, Imogen.



Enjoy learning

UN Convention on the Rights of the Child

Article 29: Goals of education



Keep on improving

Use your imagination



educaterers

Week one	
Warwickshire, Coventry: 16/9, 7/10, 18/11, 9/12, 13/1/25, 3/2, 3/3, 24/3 Oxfordshire: 16/9, 7/10, 18/11, 9/12, 13/1/25, 3/2, 3/3, 24/3	
<p>Choose a main meal...</p> <p>Pork Meatballs in Tomato Sauce with Noodles (G.E)</p> <p><u>Vegetarian Only</u> (vg) Plantballs in a Tomato Gravy</p> <p>Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans</p>	<p>MONDAY</p> <p>On the side... Fresh Salad Bar Vegetables of the Day</p> <p>For dessert... (v) Cheese Crackers and Apple Wedge (G.D) or Fresh Fruit</p>
<p>Choose a main meal...</p> <p>(v) Cheese & Tomato Pizza Wedge with Potato Wedges (G.D)</p> <p><u>Vegetarian Only</u> (v) Jacket Potato with Cheese (D)</p> <p>Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans</p>	<p>TUESDAY</p> <p>On the side... Fresh Salad Bar Vegetables of the Day</p> <p>For dessert... (v) (h) Chocolate Cracknel (G) or Fresh Fruit</p>
<p>Choose a main meal... WEDNESDAY ROAST</p> <p>British Roast Beef, with Traditional Yorkshire Pudding and Gravy (D.E.G)</p> <p><u>Vegetarian Only</u> (vg) Quorn Roast in Gravy with (v) Yorkshire Pudding (D.E.G) Crispy Roast Potatoes</p> <p>Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans</p>	<p>WEDNESDAY</p> <p>On the side... Fresh Salad Bar Vegetables of the Day</p> <p>For dessert... (v)(h) Syrup Sponge with Custard (D.G.E.) or Fresh Fruit</p>
<p>Choose a main meal...</p> <p>(v)(h) Mac 'n' cheese with Freshly Baked Crusty Bread (D.G)</p> <p>Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans</p>	<p>THURSDAY</p> <p>On the side... Fresh Salad Bar Vegetables of the Day</p> <p>For dessert... (v) Toffee Apple Donut (G.D.E.SB) or Fresh Fruit</p>
<p>Choose a main meal... FISHY FRIDAY</p> <p>(msc) Battered Fish Fillet (G.F) with Chipped Potatoes</p> <p><u>Vegetarian Only</u> (vg) Vegetarian Hotdog with Chipped Potatoes (G)</p> <p>Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans</p>	<p>FRIDAY</p> <p>On the side... Fresh Salad Bar Peas or Baked Beans</p> <p>For dessert... (vg) Jelly with Fruit or Fresh Fruit</p>

Educaterers' New Menu

Next week is Week 1 For families who pay for meals, the cost is now £2.43 per day.

Free School Meals

If you think that you may be eligible for free school meals applications can be made online at <https://www.warwickshire.gov.uk/education-learning/apply-free-school-meals>



Mrs. Manley and Mrs Hendriksen are happy to help with FSM applications, please ask if you require assistance.

Free School Meals



FREE SCHOOL MEALS

School meals are free for lots of families, check if you are eligible to apply!

So much more than lunch...

A free school meal:

- creates healthy eating habits
- improves learning and behaviour
- saves money and time
- helps schools get extra funding

Did you know that claiming free school meals means that your child will get access to free school holiday activities and food?

To find out more and for help to apply for free school meals, please contact: freemeals@warwickshire.gov.uk or call 01926 359189



If our funding application is successful, we aim to run another HAF club during the Christmas holiday. This will be in partnership with Onside Coaching. Please keep an eye on our newsletter for further information.



Can I apply?

Your child could be eligible for free school meals if you get any of the following:

- Income Support or Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support from National Asylum Support Service (NASS)
- Guarantee Pension Credit
- Child Tax Credit (with no Working Tax Credit) with an annual income of no more than £16,190
- Working Tax Credit run-on - paid for four weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)

You should still apply if your child is aged 4-7 and receives a universal free school meal

Find out more and apply at www.warwickshire.gov.uk/fsm



UN Convention on the Rights of the Child
 Article 29: Goals of education
 Article 18 Parental responsibilities and state assistance



School admissions



Warwickshire County Council

If you have a child who is due to start Reception or Year 7 next September, you need to apply for their school place. Applications can be made via the Warwickshire School Admissions Service. Visit their website for more information <https://www.warwickshire.gov.uk/school-admissions-appeals>

Applying for a primary school place



Applying for a secondary school place





Connect for Health, which runs Warwickshire's School Nurse Service, has published a newsletter which contains information about the advice and support that they offer and also includes links to useful information and articles.



The newsletter can be accessed in full here:

Community Information



Let's talk about...

- Connect for Health, your School Nursing Service
- How to access C4H for support
- The Warwickshire RSHE Network for educators and professionals
- Top tips for before and after school routines
- National Fitness Day: 18th September
- National Eye Health Week: 23rd-29th September
- #AskAboutAsthma Campaign: 9th-15th September
- Resources of the Month Feature

Introduction

Welcome back for a new academic year, and a big hello to those who are new to education in Warwickshire.

This newsletter is created by Connect for Health, your School Nursing Service in Warwickshire.

We create and distribute a newsletter each month to provide health and wellbeing, information, advice and support to the families and schools across the county.

You'll read more about our service in this edition, if you feel you might need some additional support for any of your child's health and wellbeing needs, please contact us and we'll let you know how we can help.

Subscribe to Our Newsletter!

Subscribe and get our monthly newsletter sent straight to your inbox.

Click here to subscribe



How to Access Connect for Health for Support

Visit the Royal Shakespeare Company's website to explore some exciting activities that are being offered over half term.

OCTOBER HALF TERM 2024 ACTIVITIES

Activities for families and young people 28 October - 1 November

Join us for a week of ghoulish fun and experience workshops and drop-in activities that uncover the tricks and treats of Shakespeare and making theatre. Throughout the week there will be opportunities to bring what you've learnt and made to our final event - The Twilight Takeover!

Below is the information about two workshops that may interest our families but there are many more advertised on the website. .



TWILIGHT HOUR

Come in the twilight hour to experience the building like never before. Created by young people and families throughout the week, there will be spooky speeches, stage fight clashes in the colonnade and our very first escape room.

Drop in any time. Booking only required for Escape Room.

Suitable for ages 5+

Children must be accompanied by a parent/ carer.

1 November, 4pm - 6pm

FREE



FAMILY PUPPETRY WORKSHOP: MONSTERS, FAIRIES & MUCH MORE

Discover more about puppets of all shapes, sizes, and styles with this interactive demonstration. Perfect for those looking for a fun family workshop, and those who want to learn more about the making and mechanics of puppetry.

Suitable for age 6+

Family Workshop - please book a ticket for all attending. Children must be accompanied by an adult.

£4.50 under 18

£3.50 accompanying adults

Session lasts for 50 minutes.

29 October

<https://www.rsc.org.uk/events/october-half-term-activities>

Community Information

Warwickshire Fire & Rescue Service

BONFIRE NIGHT COMPETITION 2024

WFRS invite you to design an original safety poster for Bonfire night

Your poster needs to be:

A4 size

Colourful and eye-catching

Giving safety advice to follow on Bonfire night

Name, age and school on back

A winner will be chosen from KS1, KS2, and KS3

Winners will receive a goody bag and have their poster design displayed in Warwickshire Fire Stations, on our social media posts and in schools across the County

CLOSING DATE FRIDAY 18TH OCTOBER

Please send all entries to:

Sara Beirne

Bedworth Fire Station

Park Road

Bedworth

CV12 8LB

or email entries to:

sarabeirne@warwickshire.gov.uk

GOOD LUCK!



WARWICKSHIRE
FIRE & RESCUE SERVICE



Community Information



OCOTBER HALF TERM
28TH OCTOBER - 1ST NOVEMBER
RECEPTION TO YEAR 7

KA
KITS ACADEMY

FROM £13 PER DAY

COVENTRY CV6 2AH - HOLLYFAST PRIMARY SCHOOL
TRAMPOLINING, MULTI SPORTS

RUGBY - CV21 1AR RUGBY COLLEGE,
DANCE, ARCHERY & FENCING, TRAMPOLINING & GYMNASTICS, LITTLE LACES MULTI SPORTS

NUNEATON - CV10 8NL PARK LANE PRIMARY SCHOOL
OLYMPIC SPORTS, LITTLE LACES MULTI SPORTS

WARWICK - CV34 5LY ALL SAINTS JUNIOR SCHOOL
MULTI SPORTS

(CHILDREN CURRENTLY IN NURSERY AND RECEPTION ARE ELIGIBLE TO ATTEND LITTLE LACES BETWEEN 9AM-1PM EVERY DAY)

TIMINGS
EARLY DROP OFF - 8:30AM - 9:00AM - £4.00 EXTRA (BREAKFAST INCLUDED)
DROP OFF - 9:00AM - 3:30PM
LATE PICK UP - 3:30PM - 4:30PM - £5.00 EXTRA

THURSDAY 31ST OCOTBER ALL CHILDREN ARE WLEOCME TO ATTEND IN FANCY DRESS

BOOK NOW

ONLINE AT
WWW.KITSACADEMY.COM
MORE INFO CALL
07772873271
BOOKINGS@KITSACADEMY.COM

TRICK OR TREAT