Newsletter 9

Lighthorne Heals

chool Newslette

Friday 8th November 2024

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This week in Early Years we have started our new learning theme of 'Animal Safari'. We were pleased to welcome in Bianca with

an axolotl called Midnight for the children to take a closer look at. We were able to ask questions to find out where it lives and what it eats.













Animal Safari

Reception children have been learning about a variety of animal

homes. They then selected a woodland animal to create a home for them using materials that they were able to collect on the field.































Muck, Mess and Mixtures

This week, the children in Years 1 and 2 took part in an exciting investigation to find out what would happen when water is added to a range of everyday substances (salt, wax, flour, cornflour, clay, sugar, cooking oil, glitter and shaving foam.) This learning was all part of our new topic, 'Muck Mess and Mixtures', encouraging the children to use their science prediction and observation skills as well as learning new topic vocabulary such as 'dissolve', 'float', 'liquid' and 'sink'.

The children made some insightful comments, using their senses as they observed the changes take place; "The flour and water mixture smells like cake!", "The cornflour mix, smells like rice but looks like milk.", "The shaving foam looks like whipped cream or icebergs on an ocean." and "The oil looks like bubbles on top of the water."

In some cases, their predictions didn't match the outcome, which led to lots of interesting questions and science discussion; "I wonder why the flour mixed well, but the cornflour sank to the bottom and was kind of solid and liquid, they are both flour?", "I thought the shaving foam would dissolve but it floated on the water to start with!" and "I predicted the wax would dissolve or melt but it floated, how does that happen?"

At the end of the lesson the children enjoyed exploring the cornflour and water mix (also known as Oobleck) more closely as they were fascinated by the changes that took place as the fluid acts like a solid and a liquid at the same time! Oobleck





I AM WARRIOR





Our Year 3 & 4 children have been transported back in time to explore the fascinating world of the Romans and Celts, learning about their ways of life, military strategies, and — of course — their legendary battles.

In line with the National Curriculum's objectives to understand the significant aspects of ancient civilizations and how they interacted, the children began by researching and comparing Roman and Celtic shields. We focused on the differences in design, shape, and purpose. Roman shields were rectangular, curved, and designed to interlock for strong defensive formations. In contrast, Celtic shields were often oval or round, with elaborate designs to reflect their warrior culture and personal status.

The children were fascinated by the symbolism and craftsmanship of each type of shield. They noted how Roman shields provided strategic advantages in battle due to their ability to form the famous tortoise formation, while Celtic shields often featured intricate patterns and bold colours, showcasing the Celts' rich artistic heritage.

After their research, the class divided into two "armies" — Roman and Celtic — and set to work creating their own shields. The Roman shields featured bold reds and golds with stylized eagles and lightning bolts. The Celtic shields displayed spirals, knot patterns, and earthy colours. The children put an extraordinary amount of effort into their designs, creating shields that were as visually impressive as they were historically accurate!

We concluded the week with a "battle" scenario on the school field. The Roman army was led by General Thorneywork, while the Celtic warriors were commanded by General Gilchrist. Each General guided their troops with tactics inspired by historical strategies, ensuring a dramatic (and delightfully playful) clash. The children learned about Roman formations and Celtic war cries, putting their shields to the test as they enacted strategic movements and defended against their opponents. Amid the sounds of stomping feet and enthusiastic cries, it was clear that history had never felt more real!











UN Convention on the Rights of the Child

Article 29: Goals of education



Years 5 and 6 allen Helds

This term, the children in years 5 and 6 are learning about World War 1 through their topic 'Fallen Fields.'

The Sun sets on the battlefields of France and a solitary bugle sounds the Last Post.

Known as 'the war to end all wars' the First World War was a conflict that had a devastating effect on millions of people across the world.

What started this global tragedy? What was life like for families on the home front as they waited for news of loved ones who were 'missing in action'? How did the soldiers endure the terrible conditions in the trenches? How was a fragile peace finally achieved?

This week we have been learning in more detail about the everyday people in World War 1. The children have been talking about what it would have felt being a soldier leaving for war, or as a family member that was left behind.

They wrote diary entries in role as either a soldier or a family member and were able to really capture the mixture of emotions that would have been present at the start of the war.







GLLIL

Dear diary,

Today my boloved son last for the Army hey say they will be back before christmas best to cart wait that long for my son to be back by my side. I can't boar to not see than his glossy eyes and a beautiful smile shining on his rate. I worke up hearing bustling of my son packing his stuff for the ormy.

There I am hugging him so to ghtly like I never want to letge of him the train started to move slowly, they just to say by good bye praying it wasn't my last good bye or my last hug. he pocked his head out the train window smiling to go fight for King and country. Many minus will lose there has brothers, or children in this horrible war.

my little boy go not to fight for. King and eventry but corned about them getting hart or may never come back. I remember all the men sighning up for the war they were all so exited for war. I When he told me he sighted up for the army I Smiled and Said "I'm soproud of you" he said "I better of fine my suit case!" I smile and rodded. stood there still asies proud for



Rosa wrote a diary entry from the perspective of mother whose son was heading off for war



TJ wrote his diary from the perspective of a solider who was leaving his family behind.



UN Convention on the Rights of the Child

Article 29: Goals of education

I'm currently on the train to serve in a at all of the My stop is coming so I'll of

After School Glub



Leaping Leopards After School Club

Wrap around provision is currently available to support families balance work and family commitments. Here, children are cared for by school staff and a healthy

snack is provided. Children are offered a variety of games, activities, crafts and toys that enable them to have fun, interact with their peers and relax after the school day.

As previously communicated, changes to our charges and charging policy for our after school club come in to effect from 4 November 2024.

With effect from this date, the cost for 1 hour will be £6 and £12 for two hours.

Payments must be received in advance and your parent pay account will be charged weekly as per your new contract.

Charges will apply even if your child does not attend.

If you are currently using the after school club service, please ensure you have returned a new contract by 25 October 2024.

All bookings must be secured with a new contract.

Contracts are available from the school office on request for new bookings.



Emotional Wellbeing



and Mental Health



Mental Health in Schools Team
Tips For Wellness



13th November – World Kindness Dayl

Strength

We all have a unique set of strengths and abilities that we can rely on to overcome challenges. Focusing on your strengths does not mean ignoring your weaknesses, but rather using your strengths to overcome them. This can also help you to build confidence, achieve your goals, and lead a more fulfilling life.

Kindness is a strength! World Kindness Day aims to acknowledge acts of kindness in the community, focusing on the positive power and influence this has. Regardless of our differences, kindness brings us together. Being kind to ourselves and others is a genuine strength that we possess, and it is important to remember how powerful it can be.

Our tips for strength:

- Appreciate your strength when you experience a difficult time, it's easy to
 forget how strong you are! Try and remember other times in your life when
 you've got through something challenging. Remember how strong you were to
 get through those circumstances and know you have the strength to get through
 other difficulties too.
- To practise kindness, you could try...

Giving someone your time.

Listening to what others have to say.

Kindness can be choosing not to judge.

It can be a simple smile, or an understanding tone of voice.

Practise mindfulness.

Showing respect towards others.

- Remind yourself "all we can do is try our best" and "you are good enough".
- 3. As a class, have a go at playing 'kindness bingo' by following the QR code:



In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

> Please contact your school's Mental Health Lead for information and advice.



Emotional Wellbeing





Did you know that walking the physical benefits of exercise while also boosting your emotional well-being? Walking helps boost your mood because it increases blood flow and blood circulation to the brain and body.

When you exercise by walking, you calm your nerves, which can make you feel less stressed. You can build on the positive effects of walking by inviting friends and family members to join you. Here is an exciting autumn scavenger hunt that could add some extra fun to a walk with your friends.



AUTUMN SCAVENGER HUNT

HOW MANY ITEMS CAN YOU SPOT?
TICK EACH ONE AS YOU EXPLORE YOUR LOCAL AREA

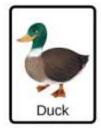








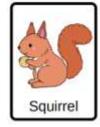




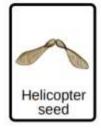












You could also collect some colourful autumn leaves and make a beautiful leaf garland to brighten up your home.









Diary Dates



Spring Term			
November			
*Tuesday 12th November	Reception vision screening		
Friday 29 ^a November	Mufti Day (non-uniform day), please bring a do-		
	nation of chocolate/ bar for our chocolate tombo-		
	la (details to be published soon)		
December			
Monday 2 [™] December	INSET day		
Wednesday 4 ^h December	Years 3 & 4 Christmas Trip		
	Years 5 & 6 Christmas Trip		
*Wednesday 4th December	Reception, Years1 and 2 afternoon of Christmas		
	crafts (parent and child). Limited to 15 spaces,		
	booking (through school office) required.		
Monday 9 ^a December	Nursery and Reception Christmas Trip		
	Years 1 & 2 Christmas Trip		
TBC	Y5/6 trip, winter performances and celebrations		
*Wednesday 18th December	Christmas Dinner. This is £2.43 for those who		
	pay for meals		
Monday 23rd December 2024 to Friday 3rd	Christmas Holiday		
January 2025	School returns on Tuesday 7th January		
*23rd & 24th December	Onside Coaching HAF Club—limited to 20 places.		
	Please look out for communication from Mr Rellis		

INSET Days 2024/25:

Monday 2nd December 2024 Monday 6th January 2025 Monday 21st July 2025

With best wishes from Mrs Westwood, Mrs Manley and all the staff at Lighthorne Heath Primary School.



UN Convention on the Rights of the Child

Article 29: Goals of education

Article 5, Parental Guidance, Article 18, Parental responsibility



Lighthorne Heath Learning Heroes

EYFS

Mrs Hartley and Mrs Cox have chosen Joshua as their learning hero this week. Joshua has been working on playing cooperatively and using his lovely manners. He has enjoyed playing games with his classmates and helping the adults with jobs. Well done Joshua!



leai

Years 1 and 2

Our Year 3 & 4 hero for this week is Danny, who has started the new half term with great enthusiasm and a fantastic work ethic. Danny always puts 100% effort into his own work and this week he has been supporting his peers in lessons to help them achieve their best too. We are so lucky to have you in our class Danny, keep up your amazing attitude to helping others and always doing your best.



Concentrate

exceptional hard work, boundless enthusiasm, and dedication in every task. Well done? exceptional hard work, boundless enthusiasm, and unwavering



Be curious!

Years 5 and 6

Mrs Cox's hero this week is Lexie. She always tries her best and shows an imaginative approach to her learning. She is a fantastic role model and can always be relied upon.



Enjoy learning

Use your imagination

UN Convention on the Rights of the Child Article 29: Goals of education





School Governor Vacancy

Lighthorne Heath Primary School shares a governing body with our Federation School, Sydenham Primary School. We currently have a vacancy for a school parent governor. It would be lovely to have a representation from Lighthorne Heath Primary School.

By volunteering as a school governor, you can make a difference by shaping the future of our children and young people.

There are no specific qualifications or requirements for the role - every governing body needs a balance and diversity of knowledge, skills and experience.

Our school governing board meets once each half term (at Sydenham Primary School) to oversee, monitor and make decisions regarding the leadership and daily running of each school.

If you are interested in becoming a school governor please speak to Mrs. Manley who can record your interest and give you more information about the role. Mrs. Manley can also be contacted on manley.j@welearn365.com





UN Convention on the Rights of the Child

Article 31: Leisure, play and culture

Article 5, Parental Guidance, Article 18, Parental responsibility

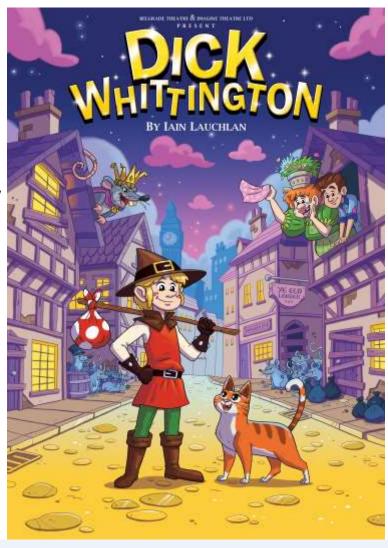




1 and 2 will visit Warwick Arts Centre on Monday 9th December to watch a performance of The Smeds and The Smoos.

Please log on to Parentpay to

Please log on to Parentpay to make your payments for these trips and to give permission for attend.







educaterers



Educaterers' New

Menu

Next week is Week 3 For families who pay for meals, the cost is now £2.43 per day.

Free School Meals

If you think that you may be eligible for free school meals applications can be made online at https:// www.warwickshire.gov.uk/ education-learning/applyfree-school-meals



Mrs. Manley and Mrs Hendriksen are happy to help with FSM applications, please ask if you require assistance.





UN Convention on the Rights of the Child Article 29: Goals of education



Warwickshire Aduk & Community Learning

Winter craft workshop



Wednesday 4th December 2024 1pm-2.30pm

At Lighthorne Heath Primary School

Join this FREE workshop and have a go at some Winter crafts to take home and share with your family.

This session is for Parents/ Carers to attend with their Reception / Year 1 / Year 2 children (spaces limited)

To book your place, please contact the School Office.



















Join the fun with Change Makers

The FREE healthy lifestyles programme for Warwickshire families.

An afterschool programme for families with children of all ages, who want to improve their lifestyle and make healthier decisions.

The chance to take part in fun games and activites together, whilst having access to expert information and support.

Discover how small changes can make a big difference to your families health and wellbeing.

Lighthorne Heath Primary School

Wednesday 6th November - Wednesday4th December 2024

3pm - 4pm





UN Convention on the Rights of the Child

Article 31: Leisure, play and culture











Places are limited to first come, first served.

*Parents/carers must attend the session with child/children
To book a place please fill out the form below.

Parent's name:	•••••		
Address:			
Postcode:			
Mobile number:	***************************************		
Email address:	***************************************		
Please outline the fa	amily members	you woul <mark>d like t</mark>	o attend.
Children that would be attending	DOB	Gender	School
I give Compass (Connect for Health School database. View Compass' Privacy Policy in the sessions start Parent	iere. 'A member of the Char		ouch with you before





Attendance and Punctuality



Being in school is important to your child's achievement, wellbeing, and wider development.

Evidence shows that the children with the highest attendance throughout their time in school gain the best results.

Every moment in school counts, and days missed add up quickly. Parents may be aware of the continued importance that is being placed on school attendance from the Local Authority and the Department for Education.

As a school, it is our responsibility to investigate any absences and work with families to reduce these.

All routine doctors, dentist and other non urgent medical appointments should be made for out of school hours. Most local GP surgeries are open until 6pm during the week and have later night appointments on specific evenings. Similarly, our local dentist surgeries are open until 6pm with plenty of pre bookable appointments during school holidays that can be made for routine appointments.

If you child is absent due to ill health or the attendance at an URGENT medical appointment then please let the school office so that we do not have to spend valuable office staff time investigating these absences.





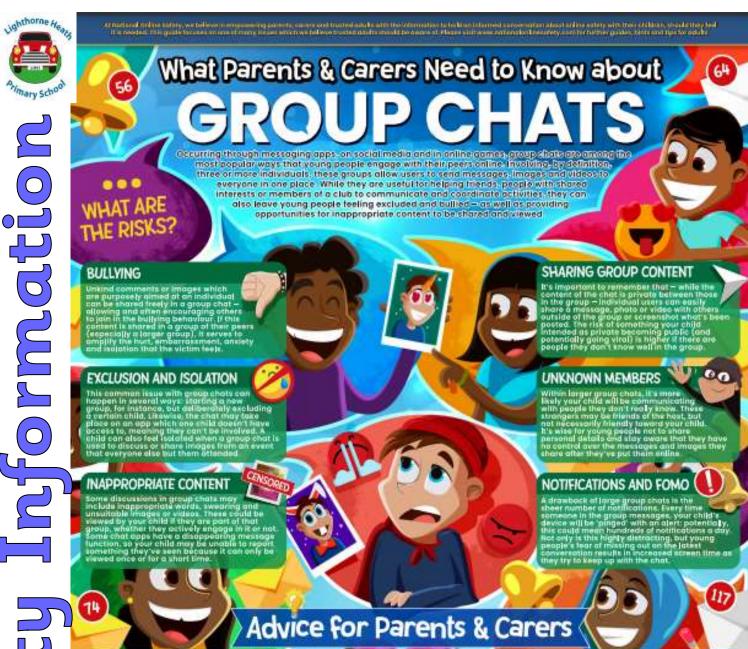


Year 6 children are invited to join Mrs Cox and Mrs Manley for QUIZ CLUB after school on Mondays. Sessions will run from 3.00 until 3.45pm

Here you will be able to practise key skills and feel more confident about the challenges ahead







BLOCK, REPORT AND LEAVE

GIVE SUPPORT, NOT JUDGEMENT

Meet Our Expert



#WakeUpWednesday

anatonlinesatety

f /NationalOnlineSafety

(C) @nationalonlinesalety

www.nationalonlinesafety.com



Some useful information for parents and carers, including online webinars can be accessed the The National College (formerly National Online Safety). At school, we teach the children about safe online behaviours but it is important that these messages are reinforced at home at that parents and carers are aware of hoe to support their children if issues arise.







S S O

FREE SCHOOL MEALS

School meals are free for lots of families, check if you are eligible to apply!

So much more than lunch...

A free school meal:

- · creates healthy eating habits
- Improves learning and behaviour
- · saves money and time
- helps schools get extra funding

Did you know that claiming free school meals means that your child will get access to free school holiday activities and food?

To find out more and for help to apply for free school meals, please contact: freemeals@warwickshire.gov.uk or call 01926 359189



If our funding application is successful, we aim to run another HAF club during the Christmas holiday. This will be in partnership with Onside Coaching. Please keep an eye on our newsletter for further information.









Can I apply?

Your child could be eligible for free school meals if you get any of the following:

- Income Support or Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support from National Asylum Support Service (NASS)
- Guarantee Pension Credit
- Child Tax Credit (with no Working Tax Credit) with an annual income of no more than £16,190
- Working Tax Credit run-on paid for four weeks after you stop qualifying for Working Tax Credit
- Universal Credit if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)

Find out more and apply at www.warwickshire.gov.uk/fsm



You should still

apply if your

child is aged 4-7 and receives a

universal free

school meal



UN Convention on the Rights of the Child

Article 29: Goals of education

Article 18 Parental responsibilities and state assistance







School admissions





If you have a child who is due to start Reception or Year 7 next September, you need to apply for their school place. Applications can be made via the Warwickshire School Admissions Service. Visit their website for more information https://www.warwickshire.gov.uk/school-admissions-appeals

Applying for a primary school place

1 November Application opens

15 January

Closing date for applications 1 February

Extended closing date for house moves 16 April

National offer day

2 June

Deadline for submitting appeals

Applying for a secondary school place

1 September Application opens

31 October

Closing date for applications 31 December

Extended closing date for house moves

3 March

National Offer Day

31 March

Deadline for submitting appeals



Information

Become a Library member



Watch our Welcome to Warwickshire Libraries video:



Joining Warwickshire Libraries is free!



With a library membership you can:

- · use any library across the county
- borrow up to ten books free of charge
- read eBooks and listen to eAudiobooks using Borrowbox
- read eMagazines and eNewspapers online
- use the internet and computer services including scanning and printing

And much more!

To join, ask a member of staff at your local library, visit: www.warwickshire.gov.uk/jointhelibrary

The Warwickshire Library

Service has a range of exciting local events for families. Many are free and happen during school holidays and weekends. These include author visits. workshops and quizzes and crafts.

Follow the link to find out more.

https://api.warwickshire.gov.uk/ documents/WCCC-1980322935-2874

The Mobile library will be at Lighthorne Heath Village Hall between 15:15 to 15:35

This route will operate on:

25 November 2024

23 December 2024

27 January 2025

24 February 2025

24 March 2025

22 April 2025

19 May 2025

16 June 2025

14 July 2025

11 August 2025

Mobile Libraries

Our free mobile libraries service makes 250 stops across the county over a four-week schedule, travelling out to different communities to ensure everyone can enjoy what Warwickshire Libraries has to offer.

This includes:

- A selection of books (including large print books)
- Spoken word
- Books for young children

Did you know? In 2023, 94% of our event attendees said that they felt happier after engaging with their library, 70% said that they felt more empowered to access art and culture.



Each mobile library is accessible with a low entrance of two small steps and a ramp at the rear for wheelchair users.

To discover our mobile library routes, visit: https://apps.warwickshire.gov.uk /MobileLibraries/locations







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